

## 09VA4miler

Page 1

COMPLETE OVERALL RESULTS  
 2009 The Virginia 4-Miler  
 Lynchburg, VA 09/26/2009 8:00am  
 Directed By Riverside Runners

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2295	20	DAN HIBBS	LYNCHBURG VA	22:12	
2.	2039	15	DYLAN BECK	LYNCHBURG VA	23:43	
3.	2457	14	COLLIN MONTGOMERY	LYNCHBURG VA	24:19	
4.	2715	19	JERRY WELLS	LYNCHBURG VA	24:23	
5.	2211	15	TREY FISHER	FOREST VA	24:25	
6.	2032	15	DAVID BARNEY, JR.	LYNCHBURG VA	24:50	
7.	2435	16	MATTHEW MCDANIEL	LYNCHBURG VA	24:53	
8.	2663	15	ALEXANDER TAYLOR	CHAPEL HILL NC	24:57	
9.	2058	19	RICKY BOWMAN	GLADYS VA	24:57	
10.	2079	17	ZACHARY BYRAM	FOREST VA	25:06	
11.	2504	15	F. KARL OVERSTREET	LYNCHBURG VA	25:56	
12.	2328	14	JUSTIN JANTOMASO	FOREST VA	25:55	
13.	2533	15	MATT PITTARD	LYNCHBURG VA	25:59	
14.	2689	13	STEPHEN VERNON	FOREST VA	25:57	
15.	2145	19	EVAN DAVIS	LYNCHBURG VA	26:08	
16.	2644	19	PARKER SPENCER	FOREST VA	26:09	
17.	2429	16	BRANDON MCCLENNY	PAMPLIN VA	26:44	
18.	2321	53	CLARK JACKSON	CHARLOTTESVILLE VA	26:50	
19.	2560	14	BRYAN RAPP	LYNCHBURG VA	26:55	
20.	2022	21	THOMAS BALLOWE	APPOMATTOX VA	27:15	
21.	2341	14	WILL JOHNSTON	LYNCHBURG VA	27:10	
22.	2078	15	TIMOTHY BYRAM	FOREST VA	27:25	
23.	2599	16	LEIGHA SCHIMMOELLER	FOREST VA	27:33	
24.	2422	12	ABBY MAY	FOREST VA	27:46	
25.	2760	15	ATTICUS DICKSON	LYNCHBURG VA	27:45	
26.	2601	16	PAUL SCHMIDT	FORST VA	28:00	
27.	440	22	JAMES KENNEDY	HAMPDEN-SYDNEY VA	28:17	

## 09VA4miler

28.	2336	14	RYAN JOHNSON	GLADYS VA	28:23
28:29					
29.	2402	18	PAUL MALLOY	LYNCHBURG VA	27:40
28:40					
30.	2343	17	MARK JONES	FOREST VA	28:36
28:40					
31.	2070	14	DANIEL BRYANT	FOREST VA	28:38
28:43					
32.	2127	15	DREW CROWE	EVINGTON VA	28:46
28:51					
33.	2441	34	CHRIS MCSWAIN	LYNCHBURG VA	28:41
29:04					
34.	2390	16	MORGAN LUPTON	LYNCHBURG VA	29:01
29:06					
35.	2150	46	BOB DENDY	LYNCHBURG VA	29:03
29:06					
36.	2356	18	DAVID KOSCIUSCO	LYNCHBURG VA	29:05
29:09					
37.	2003	32	JAKE ABELL	CROZIER VA	28:56
29:09					
38.	2238	19	GEORGE GOOD	LONG ISLAND VA	29:12
29:15					
39.	2520	12	ANDERSON PEAKE	LYNCHBURG VA	29:06
29:16					
40.	2485	25	NICK NOE	CHARLOTTESVILLE VA	29:03
29:22					
41.	2388	14	CLARK LUPTON	LYNCHBURG VA	29:38
29:39					
42.	2114	20	CARL COFFEY	LYNCHBURG VA	29:53
29:57					
43.	2516	15	CLAY PATTERSON	LYNCHBURG VA	29:45
29:57					
44.	2687	15	ELIZABETH VERNON	FOREST VA	29:36
30:00					
45.	2190	31	JAMES ELLIOTT	FAIRFAX VA	29:54
30:03					
46.	2745	56	TOM WYATT	LYNCHBURG VA	30:10
30:25					
47.	2277	14	WESLEY HATIN	LYNCHBURG VA	29:14
30:26					
48.	2702	46	STEVE WASHBURN	FOREST VA	30:20
30:28					
49.	2772	15	VANBUSKIRK ALEX	LYNCHBURG VA	29:57
30:31					
50.	2763	13	ABIGAIL BLACK	FOREST VA	29:57
30:34					
51.	2149	11	KAMRYN DECARMO	LYNCHBURG VA	30:17
30:36					
52.	2278	21	ASHLEY HAUGH	LYNCHBURG VA	30:30
30:37					
53.	2774	24	ALANA MELCHERT	LYNCHBURG VA	30:40
30:45					
54.	2391	11	WILLIAM LUPTON	LYNCHBURG VA	30:51
30:53					
55.	2621	14	GEORGE SHERMAN	AMHERST VA	30:35
30:59					
56.	2567	43	LISA RICHARDSON	RED HOUSE VA	30:51
31:05					
57.	2250	51	OWEN GRUBBS	LYNCHBURG VA	30:54
31:10					
58.	2432	16	BRIAN MCCORKLE	LYNCHBURG VA	30:59
31:11					
59.	2744	31	TRACY WU	CONCORD VA	31:05

## 09VA4miler

31:12					
60.	2688	16	HANNAH VERNON	FOREST VA	30:56
31:17					
61.	2701	44	KATHLEEN WASHBURN	FOREST VA	31:09
31:18					
62.	820	37	ELIZABETH TARKINGTON	CHARLOTTESVILLE VA	31:10
31:18					
63.	2589	22	MICHAEL SALERNO	LYNCHBURG VA	30:42
31:21					
64.	2313	12	LEAH HURT	LYNCHBURG VA VA	31:06
31:31					
65.	2486	18	LILY NOGUCHI	LYNCHBURG VA	31:24
31:31					
66.	2247	32	JEREMY GREENMUN	LYNCHBURG VA	31:02
31:33					
67.	2171	39	BILLY DRINKARD	FOREST VA	31:27
31:36					
68.	2668	53	DAVIS TERRY	BAHAMA NC	31:19
31:37					
69.	2260	34	LAURA HAMILTON	LYNCHBURG VA	31:19
31:39					
70.	2539	15	COURTNEY POWELL	LYNCHBURG VA	31:34
31:41					
71.	2372	18	BOBBY LEFFEW	LYNCHBURG VA	31:13
31:42					
72.	2403	16	WILL MANNING	LYNCHBURG VA	31:31
31:44					
73.	2186	15	NOOR EHTESHAM	LYNCHBURG VA	31:02
31:46					
74.	2550	14	ABBY QUIGG	LYNCHBURG VA	31:39
31:47					
75.	2033	57	DONNIE BARTON	LYNCHBURG VA	31:39
31:47					
76.	2553	15	SHANNON RAINES	LYNCHBURG VA	31:05
31:49					
77.	2392	30	TIFFANY LYTTLE	LYNCHBURG VA	31:37
31:49					
78.	2229	43	JEFF GAURA	MONROE NC	31:36
31:53					
79.	2111	14	MCKENNA COALSON	LYNCHBURG VA	31:18
31:54					
80.	2090	15	ANNA CARTER	LYNCHBURG VA	31:35
31:54					
81.	2138	15	HANNAH DAVIDSON	LYNCHBURG VA	31:33
31:57					
82.	2359	21	BARBARA LAFLEUR	LYNCHBURG VA	31:49
31:57					
83.	2152	52	SCOTT DEVENING	LYNCHBURG VA	31:50
32:00					
84.	2055	17	MASON BOWEN	AMHERST VA	31:56
32:01					
85.	2202	44	ALYICA FERGUSON	LYNCHBURG VA	31:41
32:02					
86.	2179	28	RYAN EARLE	LYNCHBURG VA	30:05
32:04					
87.	2780	21	WILL WILD	LEXINGTON VA	31:09
32:10					
88.	2349	44	MIKE KEATTS	STAUNTON VA	31:22
32:15					
89.	2339	19	AMANDA JOHNSTON	LYNCHBURG VA	31:32
32:18					
90.	2753	13	KATIE ZWETOLITZ	LYNCHBURG VA	32:20
32:23					

## 09VA4miler

91.	2626	11	ANNE LEWIS SIMMONS	LYNCHBURG VA	32:27
32:30					
92.	2712	54	WILLIAM WEGERT	MONROE VA	32:19
32:40					
93.	2160	12	SEAMUS DONAHUE	LYNCHBURG VA	32:25
32:41					
94.	2035	12	ELEANOR BASS	LYNCHBURG VA	32:21
32:47					
95.	2101	39	MIKE CHEATWOOD	FOREST VA	32:38
32:47					
96.	2478	29	JENNIFER NELSON	FOREST VA	32:05
32:47					
97.	2016	60	JOHN ATTHOWE	GLASGOW VA	32:07
32:53					
98.	2156	9	HUNTER DIMINICK	LYNCHBURG VA	32:47
32:53					
99.	2157	42	MICHAEL DIMINICK	LYNCHBURG VA	32:48
32:54					
100.	2312	14	ANNA HURT	LYNCHBURG VA VA	32:31
32:55					
101.	2291	13	CHRISTOPHER HEPNER JR.	LYNCHBURG VA	32:51
32:56					
102.	2606	20	MARVIN SCHWANNECKE	BOFFZEN VA	32:24
32:57					
103.	2779	20	JON STUMPS	LEXINGTON VA	31:56
32:57					
104.	2584	20	KARL SAKAS	LYNCHBURG VA	32:55
32:59					
105.	2443	12	MATT MEADOWS	LYNCHBURG VA	32:57
33:01					
106.	2777	37	SCOTT KOVEY	LYNCHBURG VA	32:20
33:02					
107.	2305	21	PETER HOPPE	LYNCHBURG VA	33:02
33:04					
108.	2800	46	MARK SPROUSE	LYNCHBURG VA	32:34
33:04					
109.	2169	11	MAGGIE DOYLE	LYNCHBURG VA	32:34
33:07					
110.	2783	11	HANNAH MURPHY	APPOMATTOX VA	32:55
33:08					
111.	2430	11	CLAIRE MCCLENNY	PAMPLIN VA	32:57
33:10					
112.	2454	50	LARRY MOBLEY	APPOMATTOX VA	32:55
33:13					
113.	2811	12	BILLY JR RUDELIS	LYNCHBURG VA	32:50
33:13					
114.	2761	34	ANGELA OLMSTED	LYNCHBURG VA	33:04
33:15					
115.	2268	18	JAMAINE HARRIS	LYNCHBURG VA	33:12
33:16					
116.	2128	44	NICOLLE CUNDIFF	LYNCHBURG VA	32:46
33:16					
117.	2751	50	GEORGE ZIPPEL	LYNCHBURG VA	33:12
33:18					
118.	2801	45	FERRIS BOOTH	VINTON VA	33:12
33:20					
119.	2234	27	MEGAN GEZEN	LYNCHBURG VA	33:17
33:28					
120.	2683	50	PAUL ULMER	LYNCHBURG VA	33:21
33:30					
121.	2782	47	TONY HUFFMAN	FOREST VA	33:23
33:35					
122.	2214	16	ADRYAN FLORES	LYNCHBURG VA	33:30

## 09VA4miler

33:36					
123.	2803	50	CHARLIE FALLS	LYNCHBURG VA	33:19
33:38					
124.	2054	12	LOGAN BOSIGER	FOREST VA	33:32
33:43					
125.	2267	14	PETER HARRINGTON	LYNCHBURG VA	33:41
33:45					
126.	2661	13	AUSTIN TATOM	LYNCHBURG VA	33:42
33:46					
127.	2499	9	SETH OLIVER	LYNCHBURG VA	33:19
33:50					
128.	2623	48	CAROLINE SHUGART	LOGAN UT	33:36
33:53					
129.	2624	21	KATELIN SHUGART-SCHMIDT	LOGAN UT	33:36
33:54					
130.	2072	24	KIM BRYANT	LYNCHBURG VA	33:49
33:55					
131.	2656	13	RYAN SULLIVAN	LYNCHBURG VA	33:37
33:55					
132.	2696	60	TOM WALTON	POWHATAN VA	33:27
33:56					
133.	2165	44	STEPHEN DOSS	MADISON HEIGHTS VA	33:26
33:56					
134.	2129	13	PATRICK CUNDIFF	LYNCHBURG VA	33:29
33:59					
135.	2233	12	KARL GERLICH	LYNCHBURG VA	33:27
34:00					
136.	2151	12	ROB DENDY	LYNCHBURG VA	33:56
34:00					
137.	2140	10	LIBBY DAVIDSON	LYNCHBURG VA	33:37
34:05					
138.	2577	17	SEAN ROSENTHAL	LYNCHBURG VA	32:52
34:08					
139.	2255	37	AARON HALL	GRETNA VA	33:23
34:11					
140.	2352	54	STEVE KERR	ROANOKE VA	33:50
34:20					
141.	2031	12	ANDREW BARNEY	LYNCHBURG VA	34:18
34:23					
142.	2375	43	DANIELLE LEWIS	LYNCHBURG VA	33:51
34:25					
143.	2568	28	LAURIE RIDGEWAY	LYNCHBURG VA	34:15
34:27					
144.	2426	36	DAVID MCBRIDE	FOREST VA	34:20
34:29					
145.	2757	15	EMMA MORTEMOUSGNE	LYNCHBURG VA	34:08
34:32					
146.	2174	13	MCCARRON DUGGER	LYNCHBURG VA	34:12
34:32					
147.	2583	14	MATTHEW SACKETT	LYNCHBURG VA	34:12
34:32					
148.	2787	42	KELLY MORTEMOUSGNE	LYNCHBURG VA	34:08
34:32					
149.	2232	52	BRUCE GERLICH	LYNCHBURG VA	34:00
34:33					
150.	2570	48	RJ ROARK	FOREST VA	34:02
34:34					
151.	2716	15	ANTHONY WEST	MADISON HEIGHTS VA	34:37
34:39					
152.	2300	42	DONNA HODGERT	LYNCHBURG VA	34:11
34:41					
153.	2318	50	ROBERT IBARRA	LYNCHBURG VA	34:04
34:41					

## 09VA4miler

154.	2563	12	WILL REEVES	LYNCHBURG VA	34:37
34:44					
155.	2604	25	ERIC SCHUSTER	HAMPTON VA	33:44
34:46					
156.	2605	25	LEIGH SCHUSTER	HAMPTON VA	33:45
34:46					
157.	2187	13	JACOB ELBRECHT	LYNCHBURG VA	33:53
34:49					
158.	2004	30	ANDREA ADAMS	LYNCHBURG VA	33:59
34:55					
159.	2785	13	MICHAEL GOODRICH	LYNCHBURG VA	34:00
34:57					
160.	2130	43	JEFF CURRY	EVINGTON VA	34:43
34:58					
161.	2740	15	ALEXANDRA WRAY	LYNCHBURG VA	34:35
35:02					
162.	2471	36	LUCY MUTCH	LYNCHBURG VA	34:48
35:03					
163.	2409	23	JON MARSTON	LYNCHBURG VA	33:52
35:05					
164.	2249	29	THOMAS GRINDO	BEDFORD VA	34:11
35:07					
165.	2243	51	LYNN GREEN	LYNCHBURG VA	34:37
35:12					
166.	2675	40	PAUL THOMPSON	LYNCHBURG VA	35:03
35:12					
167.	246	46	DONNA ELDER	FOREST VA	34:35
35:13					
168.	2188	49	DAVID ELDER	FOREST VA	34:35
35:13					
169.	2421	12	JAMI MAULE	LYNCHBURG VA	35:06
35:13					
170.	2648	14	MATTHEW STEM	LYNCHBURG VA	34:31
35:13					
171.	2014	53	SUSAN ANDERSON	FOREST VA	34:46
35:15					
172.	2387	14	MARY LUNDEEN	LYNCHBURG VA	34:17
35:16					
173.	2317	15	REBECCA IBARRA	LYNCHBURG VA	34:41
35:18					
174.	2788	40	SANDY GANDY	FOREST VA	34:42
35:20					
175.	2497	11	IAN OLIVER	LYNCHBURG VA	34:50
35:21					
176.	2525	46	MARK, SR. PEAKE	LYNCHBURG VA	35:11
35:22					
177.	2406	15	GREGORY MARGIDA	ALLIANCE OH	34:39
35:23					
178.	2077	29	CHRISTOPHER BURTON	SCOTTSVILLE VA	34:58
35:25					
179.	2237	24	ASHLEY GLOVER	LYNCHBURG VA	34:35
35:36					
180.	2446	50	COLLEEN MILLER	LYNCHBURG VA	35:15
35:36					
181.	2170	47	PETER DOYLE	LYNCHBURG VA	35:06
35:40					
182.	2393	54	MICHAEL MADDEN	LYNCHBURG VA	34:53
35:43					
183.	2463	39	KATHY MORRIS	LYNCHBURG VA	35:32
35:54					
184.	2714	14	NIKOLAUS WEINMEISTER	GOODE VA	35:30
35:55					
185.	2713	46	FRANK WEINMEISTER	GOODE VA	35:31

## 09VA4miler

35:55					
186.	2582	17	JULIA SAAVEDRA	LYNCHBURG VA	35:00
35:56					
187.	2791	49	JORGE SAAVEDRA	LYNCHBURG VA	35:02
35:59					
188.	2384	42	MATTHEW LLOYD	LYNCHBURG VA	35:14
36:00					
189.	2680	47	JERRY TRENT, JR.	CONCORD VA	35:34
36:09					
190.	2007	10	PAYTON ADAMS	AMHERST VA	35:31
36:10					
191.	2754	46	JOHN CAUDILL	LYNCHBURG VA	35:22
36:11					
192.	2764	16	LINDSAY COLLINS	FOREST VA	35:22
36:11					
193.	2723	46	TRACEY WHITE	LYNCHBURG VA	35:40
36:14					
194.	2458	45	REBECCA MONTGOMERY	LYNCHBURG VA	36:04
36:16					
195.	2112	28	AMANDA COCKE	GOODE VA	35:25
36:19					
196.	2775	13	OLIVA DAVIS	LYNCHBURG VA	36:00
36:19					
197.	2527	45	TIM PERRY	LYNCHBURG VA	35:44
36:25					
198.	2253	23	JOEY HALE	SANDY LEVEL VA	35:27
36:36					
199.	2793	45	TROY COLEMAN	LYNCHBURG VA	36:26
36:41					
200.	2056	19	HILARY BOWIE	LEAVENWORTH KS	35:42
36:41					
201.	2464	61	NORWOOD MORRISON	LYNCHBURG VA	36:36
36:48					
202.	2509	47	PAUL PARKS	FOREST VA	36:22
36:50					
203.	2182	45	DEIRDRE EDWARDS	LYNCHBURG VA	36:16
36:51					
204.	2519	45	TODD PAYNE	AMHERST VA	36:14
36:55					
205.	2700	10	JOHN WARREN	LYNCHBURG VA	36:39
36:56					
206.	2217	43	FERDINAND FLORES	LYNCHBURG VA	36:50
36:56					
207.	2794	50	MARK WARREN	LYNCHBURG VA	36:41
36:58					
208.	769	38	LINCOLN SMITH	ATLANTA GA	36:46
36:59					
209.	2407	38	LEIGHANNE MARKHAM	BIG ISLAND VA	36:22
37:01					
210.	2021	38	JAN BAKER	MADISON HEIGHTS VA	36:18
37:02					
211.	2579	55	FRANCY RUBIN	LYNCHBURG VA	36:22
37:02					
212.	2790	34	JACKIE GORMAN	LYNCHBURG VA	36:48
37:09					
213.	2134	25	LISA DAMERON	ROANOKE VA	36:18
37:13					
214.	2235	20	JESSICA GIBBS	LYNCHBURG VA	36:28
37:14					
215.	2304	36	JENNIFER HOLLIS	FOREST VA	36:37
37:14					
216.	2158	57	TED DOM	HOUSTON TX	36:05
37:15					

## 09VA4miler

217.	2534	20	ASHLEY PLAUGHER	WINCHESTER VA	36:53
37:15					
218.	2414	29	NIKKI MARTIN	LYNCHBURG VA	36:45
37:17					
219.	2523	12	LILLIAN PEAKE	LYNCHBURG VA	36:51
37:19					
220.	2538	29	KEITH POOLE	LYNCHBURG VA	36:35
37:20					
221.	2575	49	LESLIE ROCCO	FOREST VA	36:07
37:21					
222.	2261	22	RACHEL HAMMOND	DUNEDIN FL	36:07
37:22					
223.	2646	33	CHRISTOPHER STANDS	LYNCHBURG VA	36:40
37:25					
224.	2647	33	MARYANNA STANDS	LYNCHBURG VA	36:41
37:26					
225.	2015	54	SANDY ANDREW	SALEM VA	36:53
37:26					
226.	2804	41	TRACI LIPSCOMB	RUSTBURG VA	36:27
37:29					
227.	2251	26	RACHEL GUELZO	LYNCHBURG VA	36:14
37:29					
228.	2733	46	PAMELA WILLOUGHBY	LYNCHBURG VA	37:09
37:32					
229.	2681	41	NATALIE TROST	LYNCHBURG VA	37:12
37:32					
230.	2069	18	TRAVIS BROWN	LYNCHBURG VA	37:31
37:34					
231.	2185	10	ABDULLAH EHTESHAM	LYNCHBURG VA	36:50
37:34					
232.	2361	39	CHARLIE LARSON	LYNCHBURG VA	36:30
37:35					
233.	2362	40	SUSAN LARSON	LYNCHBURG VA	36:31
37:36					
234.	2506	40	ROBIN PACKER	GOODE VA	37:14
37:36					
235.	2505	12	RACHEL PACKER	GOODE VA	37:15
37:37					
236.	2465	36	BILLY MOSBY	CHARLOTTE NC	36:36
37:38					
237.	2494	11	JACOB OLICHNEY	LYNCHBURG VA	36:50
37:38					
238.	2813	12	CONNER TATOM		37:10
37:39					
239.	2522	10	LAUREN PEAKE	LYNCHBURG VA	37:12
37:40					
240.	2285	12	RILEY HEAD	LYNCHBURG VA	37:36
37:40					
241.	2207	32	MATTHEW FIFER	EVINGTON VA	37:23
37:42					
242.	2806	39	DOUG ROBERTSON	MONTGOMERY AZ	37:00
37:44					
243.	2371	45	BOB LEFFEW	LYNCHBURG VA	37:19
37:49					
244.	2501	62	DEE OSBORNE	STEVENSVILLE MD	37:42
37:50					
245.	2682	19	JO TUDISCO-GUNTERT	SWEET BRIAR VA	36:53
37:52					
246.	2332	10	GRACE JENNINGS	FOREST VA	36:52
37:52					
247.	2333	45	TIM JENNINGS	FOREST VA	36:48
37:53					
248.	2448	18	LILA MILLER	LYNCHBURG VA	37:48

## 09VA4miler

37:56					
249.	2524	12	MARK, JR. PEAKE	LYNCHBURG VA	37:40
37:56					
250.	2147	11	LEXIE DAVIS	LYNCHBURG VA	37:32
37:59					
251.	2006	37	CHRIS ADAMS	AMHERST VA	37:20
38:00					
252.	2732	37	TINA WILLIAMS	MADISON HEIGHTS VA	37:34
38:02					
253.	2618	28	BRITTANY SHELTON	HURT VA	37:42
38:02					
254.	2005	22	CARLISLE ADAMS	SWEET BRIAR VA	37:08
38:07					
255.	2603	14	MARIANNA SCHROTH	EVINGTON VA	37:58
38:08					
256.	2629	17	CASSIE SIPOS	LYNCHBURG VA	37:18
38:09					
257.	2398	21	MICHAELA MAGRIDA	LYNCHBURG VA	37:25
38:09					
258.	2664	21	ALLE TAYLOR	SWEET BRIAR VA	37:12
38:11					
259.	2146	19	KATIE DAVIS	LYNCHBURG VA	36:56
38:12					
260.	2693	38	NAJWA WALLSCHLAEGER	LYNCHBURG VA	37:31
38:15					
261.	2598	26	JONATHAN SCHALLMO	FOREST VA	37:46
38:15					
262.	2692	56	CHUCK WALL	LYNCHBURG VA	37:27
38:16					
263.	2615	52	LAURA SHANNON	FOREST VA	37:45
38:19					
264.	2310	30	WIN HUNTER	WAYNESBORO VA	37:10
38:22					
265.	2503	15	LEAH OUIMET	LYNCHBURG VA	37:09
38:25					
266.	2717	13	CASEY WEST	LYNCHBURG VA	38:10
38:29					
267.	2572	45	MARIA ROBERTS	LYNCHBURG VA	37:55
38:29					
268.	2574	20	JENN ROCCO	FOREST VA	37:14
38:29					
269.	2183	57	RUSS EGELAND	OLNEY MD	38:20
38:34					
270.	2559	43	KELLY RAPADAS	LYNCHBURG VA	37:20
38:35					
271.	2439	26	CHRIS MCLEAN	NORFOLK VA	37:20
38:36					
272.	2552	47	RICHARD RAINES	LYNCHBURG VA	37:34
38:36					
273.	2456	39	ANNE MONTGOMERY	LYNCHBURG VA	38:11
38:46					
274.	2258	13	AUBREY HALL IV	RUSTBURG VA	38:02
38:48					
275.	2050	17	EMILY BLACK	FOREST VA	38:14
38:50					
276.	2798	20	BRITTANY OSTROM	LYNCHBURG VA	38:21
38:51					
277.	2799	19	CARRIE GRABASKAS	LYNCHBURG VA	38:21
38:51					
278.	2721	54	SUE WHITACRE	LYNCHBURG VA	38:21
38:53					
279.	2109	12	HOLLY CLAY	CONCORD VA	38:47
38:53					

## 09VA4miler

280.	2769	10	ABBY MOON	APPOMATTOX VA	38:08
38:54					
281.	2726	20	KERIDWEN WHITMORE	DURHAM NC	38:02
38:54					
282.	2758	46	MIKEL BRYANT	LYNCHBURG VA	38:04
38:54					
283.	2452	35	CARLOS MIRANDA	MEMPHIS TN	38:11
38:55					
284.	2500	12	JESSICA OSBORN	LYNCHBURG VA	38:50
38:57					
285.	2665	46	DAVID TAYLOR	CHAPEL HILL NC	38:26
38:58					
286.	2030	13	JW BARNARD	LYNCHBURG VA	38:40
38:59					
287.	2490	49	TERRY O'KANE	LYNCHBURG VA	37:51
38:59					
288.	2102	18	EUN SOO CHUNG	LYNCHBURG VA	38:51
39:01					
289.	2474	51	DONNA NASH	LYNCHBURG VA	38:34
39:06					
290.	2781	44	NORMAN DARDEN	LYNCHBURG VA	38:12
39:08					
291.	2118	37	MATTHEW CONNELLY	LYNCHBURG VA	38:26
39:09					
292.	2812	7	MADISON GALLAGHER	LYNCHBURG VA	38:01
39:09					
293.	2762	37	JOHN OLMSTED	LYNCHBURG VA	38:55
39:09					
294.	2442	10	HADLEY MEADOWS	LYNCHBURG VA	38:39
39:11					
295.	2755	30	MELISSA HODGES	LYNCHBURG VA	38:55
39:12					
296.	2290	52	AMY HEPNER	LYNCHBURG VA	38:36
39:12					
297.	2770	38	HEATHER BOWEN	LYNCHBURG VA	38:44
39:13					
298.	2331	38	ERIC JENNINGS	CONCORD VA	37:51
39:14					
299.	2747	62	NORM YEE	LYNCHBURG VA	38:54
39:14					
300.	2338	10	WILL JOHNSON	LYNCHBURG VA	39:09
39:15					
301.	2415	11	ZACHRY MARTIN	FOREST VA	38:49
39:16					
302.	2784	21	BREANNE NALIPA	LYNCHBURG VA	38:16
39:24					
303.	2137	34	EMILY DAVIDSON	LYNCHBURG VA	38:55
39:26					
304.	2196	27	STACEY EVANS	PINEY RIVER VA	39:15
39:26					
305.	2659	24	BRANDY TATE	LYNCHBURG VA	39:15
39:26					
306.	2141	33	NEAL DAVIDSON	LYNCHBURG VA	38:56
39:27					
307.	2121	15	REBECCA CORWIN	LYNCHBURG VA	39:19
39:29					
308.	2805	36	KELLY JENNINGS	BEDFORD VA	38:35
39:30					
309.	2018	30	DACY AYRES	LYNCHBURG VA	39:18
39:30					
310.	2735	33	CHRISTIAN WILWOHL	LYNCHBURG VA	38:32
39:33					
311.	2731	23	SARA WILLIAMS	FOREST VA	39:03

## 09VA4miler

39:37					
312.	2649	31	MARC STERNE	EVINGTON VA	38:20
39:37					
313.	2107	62	WARREN CLARK	SALEM VA	39:06
39:43					
314.	2320	26	AMANDA IRVIN	MADISON HEIGHTS VA	39:25
39:43					
315.	2515	33	COREY PASSMAN	LYNCHBURG VA	39:01
39:46					
316.	2100	39	SUSAN CHEATHAM	SPOUT SPRING VA	39:14
39:47					
317.	2274	36	ED HARTMAN	RALEIGH NC	39:22
39:48					
318.	2113	30	MICHELLE COFER	FOREST VA	39:21
39:50					
319.	2216	14	DEAN FLORES	LYNCHBURG VA	39:47
39:52					
320.	2367	62	JIM LEAVITT	BEDFORD VA	38:39
39:52					
321.	2369	10	WILLIAM LEAVITT	BEDFORD VA	38:39
39:52					
322.	2580	13	NATHAN RUGGIERI	LYNCHBURG VA	39:34
39:54					
323.	2802	67	WAYNE REYNOLDS	RUSTBURG VA	39:30
39:55					
324.	2344	61	PRISCILLLA JONES	LYNCHBURG VA	39:41
39:57					
325.	2360	48	CHIP LAMBERT	SWEICKLEY PA	39:50
39:58					
326.	2657	29	BRIAN SUMMERS	LYNCHBURG VA	38:57
40:01					
327.	2208	36	FAITH FINNERTY	LYNCHBURG VA	39:23
40:02					
328.	2176	19	JILL DZIEWISZ	LYNCHBURG VA	39:45
40:02					
329.	2607	31	AARON SCOTT	LYNCHBURG VA	38:58
40:02					
330.	2608	30	BECKY SCOTT	LYNCHBURG VA	38:58
40:02					
331.	2455	21	ALI MONCKEBERG	LYNCHBURG VA	39:46
40:02					
332.	2417	45	ALICIA MATHERLY	HURT VA	39:42
40:03					
333.	2477	46	MICHAEL NECZYPORUK	LYNCHBURG VA	38:56
40:04					
334.	2329	44	MARC JANTOMASO	FOREST VA	38:47
40:05					
335.	2082	28	JENNIFER CANDLER	LYNCHBURG VA	39:38
40:11					
336.	2289	33	HEATHER HEPDING	FOREST VA	39:35
40:13					
337.	2382	10	MAGGIE LINEBURG	AMHERST VA	39:08
40:14					
338.	2771	40	MARK LINESBURG	AMHERST VA	39:09
40:15					
339.	2670	24	BRYAN THILKING	LYNCHBURG VA	39:24
40:15					
340.	2376	24	KRISTIE LEWIS	MADISON HEIGHTS VA	39:24
40:15					
341.	2201	27	JOSHUA FARMER	LYNCHBURG VA	39:44
40:15					
342.	2327	10	ELIJAH JANTOMASO	FOREST VA	39:01
40:17					

## 09VA4miler

343.	2123	62	MARK COWARD	LYNCHBURG VA	39:41
40:17					
344.	2242	63	WILLIAM GRAY	LYNCHBURG VA	40:01
40:18					
345.	2133	50	JANET DALTON	FOREST VA	39:07
40:18					
346.	2438	51	JIM MCLAUGHLIN	FOREST VA	39:39
40:18					
347.	2706	44	MARTY WATTS	LYNCHBURG VA	39:00
40:19					
348.	2704	13	LIDDY WATTS	LYNCHBURG VA	39:01
40:19					
349.	2551	28	STEPHANIE RAGLAND	LYNCHBURG VA	39:16
40:19					
350.	2445	37	MICHELLE MERKA	MADISON HEIGHTS VA	39:17
40:19					
351.	2492	33	ROBERT O'LEARY	FOREST VA	39:30
40:20					
352.	2068	27	LAUREN BROWN	LYNCHBURG VA	39:41
40:21					
353.	2424	18	SARA MAYNARD	MONROE VA	39:42
40:21					
354.	2244	17	WILL GREEN	LYNCHBURG VA	39:22
40:21					
355.	2370	28	MEGAN LEE	LYNCHBURG VA	39:17
40:21					
356.	2786	42	GAR SYDNOR	WINCHESTER VA	39:12
40:22					
357.	2427	9	BEN MCCARTHY	LYNCHBURG VA	39:32
40:23					
358.	2730	22	KAYLA WILLIAMS	LYNCHBURG VA	39:11
40:24					
359.	2521	12	JOHN PEAKE	LYNCHBURG VA	39:31
40:25					
360.	2545	17	HEATHER PRILLAMAN	LYNCHBURG VA	40:16
40:26					
361.	2275	38	GINNA HARTSELL	LYNCHBURG VA	39:56
40:28					
362.	2117	30	KIM CONDON	LYNCHBURG VA	39:21
40:28					
363.	2729	31	JANNA WILKINSON	MADISON HEIGHTS VA	39:24
40:28					
364.	2766	16	JORDAN BASIGER	FOREST VA	39:39
40:29					
365.	2364	21	MICAH LAVANCHY	JACKSON MO	39:31
40:29					
366.	2741	62	PHOEBE WRIGHT	FOREST VA	39:57
40:37					
367.	2530	9	MCKENNA PETTYJOHN	LYNCHBURG VA	40:07
40:39					
368.	2590	22	SAMANTHA SALERNO	LYNCHBURG VA	40:00
40:39					
369.	2710	21	AMELIA WEGERT	MONROE VA	39:42
40:41					
370.	2051	57	NANCY BLACKWELL	LYNCHBURG VA	40:28
40:44					
371.	2483	39	CHRIS NIXON	MADISON HEIGHTS VA	39:42
40:44					
372.	2038	12	GORDY BEASLEY	LYNCHBURG VA	39:26
40:44					
373.	2231	16	SARAH GENCARELLI	LYNCHBURG VA	40:38
40:44					
374.	2616	29	RACHAEL SHAUGHNESSY	CHARLOTTE NC	39:41

## 09VA4miler

40:45					
375.	2230	55	FRANK GENCARELLI	LYNCHBURG VA	40:39
40:46					
376.	2024	34	SARAH BARBER	LYNCHBURG VA	40:12
40:48					
377.	2271	30	BETHANY HARRISON	LYNCHBURG VA	40:16
40:48					
378.	2544	35	ROBBIE PRICE	LYNCHBURG VA	40:09
40:52					
379.	2482	35	HEATHER NEWMAN	LYNCHBURG VA	40:11
40:53					
380.	2650	61	GENE STERNE SR	LYNCHBURG VA	39:36
40:53					
381.	2168	46	JULIE DOYLE	LYNCHBURG VA	40:23
40:55					
382.	2002	58	LEIF AAGAARD JR	AMHERST VA	40:19
40:56					
383.	2293	25	JESSICA HERSHEY	CHARLOTTESVILLE VA	40:06
40:57					
384.	2266	17	MARGARET HARRINGTON	LYNCHBURG VA	40:27
41:03					
385.	2677	40	KIRSTEN TILLER	LYNCHBURG VA	39:57
41:06					
386.	2498	46	JOHN OLIVER	LYNCHBURG VA	40:37
41:08					
387.	2736	9	MATTHEW WISNIEWSKI	LYNCHBURG VA	40:52
41:09					
388.	2594	45	ELLEN SARANTOS	LYNCHBURG VA	40:54
41:11					
389.	2595	9	LUKE SARANTOS	LYNCHBURG VA	40:53
41:11					
390.	2569	43	BEN RIELEY	RUSTBURG VA	40:10
41:12					
391.	2175	44	ISABELLE DUSTON	LYNCHBURG VA	41:01
41:13					
392.	2466	20	SAMANTHA MOSCHERA	LYNCHBURG VA	40:52
41:18					
393.	2467	22	JESSICA MOTSENBOCKER	LYNCHBURG VA	40:49
41:18					
394.	2630	46	LYSA SLAY	LYNCHBURG VA	40:34
41:18					
395.	2029	10	JOSHUA BARNARD	LYNCHBURG VA	41:04
41:22					
396.	2042	55	BRAD BENNETT	BENA VA	40:17
41:24					
397.	2405	52	ANTHONY MARGIDA	ALLIANCE OH	40:39
41:24					
398.	2453	39	RACHEL MITCHELL	FOREST VA	41:14
41:25					
399.	2691	27	STEWART WADDY	LYNCHBURG VA	40:29
41:26					
400.	2264	36	JOSEPH HARPER III	LYNCHBURG VA	40:38
41:27					
401.	2265	62	JOSEPH HARPER JR	YORKTOWN VA	40:38
41:27					
402.	2120	16	SHAWN CORDING	LYNCHBURG VA	40:53
41:30					
403.	2493	14	EVANS OLICHNEY	LYNCHBURG VA	40:53
41:30					
404.	2365	14	ANTON LAWSON	LYNCHBURG VA	40:54
41:31					
405.	2191	17	QUAINTANCE ERIC	LYNCHBURG VA	40:53
41:31					

## 09VA4miler

406.	2125	15	SAM CRAWFORD	LYNCHBURG VA	40:53
41:31					
407.	2167	49	DONALD DOUGHERTY	MONROE VA	40:55
41:31					
408.	2410	16	CARLOS MARTIN	LYNCHBURG VA	40:53
41:31					
409.	2023	16	CHRIS BARBER	LYNCHBURG VA	40:53
41:31					
410.	2385	24	AMBER LOCKARD	LYNCHBURG VA	40:40
41:32					
411.	2254	17	MICHAEL HALE	LYNCHBURG VA	40:53
41:32					
412.	2578	24	LAUREN ROTH	LYNCHBURG VA	40:42
41:32					
413.	2640	32	JESSICA SNEAD	BEDFORD VA	40:21
41:32					
414.	2374	18	MARY GRACE LEMON	LYNCHBURG VA	40:55
41:33					
415.	2686	21	HANNAH VEAK	LYNCHBURG VA	40:44
41:34					
416.	2028	46	JOHN BARNARD	LYNCHBURG VA	41:17
41:35					
417.	2213	47	ROHN FLANDERS	FOREST VA	41:11
41:37					
418.	2555	55	MARY SUE RAMEY	FOREST VA	40:28
41:38					
419.	2119	60	GAIL COPELAN	LYNCHBURG VA	41:03
41:40					
420.	2638	27	KEVIN SMITH	FOREST VA	41:13
41:42					
421.	2270	32	WILLIAM HARRIS	MADISON HEIGHTS VA	40:37
41:42					
422.	2059	25	EMILY BOYES	LYNCHBURG VA	41:03
41:44					
423.	2154	44	ANDREW DICKMAN	FOREST VA	40:27
41:44					
424.	2246	30	ANDREA GREENMUN	LYNCHBURG VA	41:13
41:44					
425.	2412	31	JAMIE MARTIN	APPOMATTOX VA	41:16
41:51					
426.	2528	17	EMILY PETERS	LYNCHBURG VA	41:02
41:52					
427.	2703	26	AMANDA WATTS	MADISON HEIGHTS VA	40:58
41:52					
428.	2248	26	CODY GREY	PETERSBURG VA	40:59
41:53					
429.	2511	31	BJ PARRISH	LYNCHBURG VA	41:35
41:53					
430.	2672	36	LAURIE THOMAS	SANDY LEVEL VA	41:33
41:53					
431.	2084	10	DABNEY CAROLINE	LYNCHBURG VA	41:25
41:54					
432.	2045	96	BROWN BETSY	AMHERST VA	40:53
41:54					
433.	2585	68	JIM SAKOLOSKY	LYNCHBURG VA	41:08
41:58					
434.	2132	50	MARY JANE DAILEY	FOREST VA	41:09
42:04					
435.	2673	51	NOEL THOMAS	LYNCHBURG VA	41:20
42:05					
436.	2658	19	CASEY SUTHERLAND	ALEXANDRIA VA	42:01
42:06					
437.	2019	62	EILEEN BACKOFEN	MONETA VA	41:43

## 09VA4miler

42:07					
438.	535	42	BRUCE MCCLARY	RICHMOND VA	41:01
42:07					
439.	2705	9	MAGGY WATTS	LYNCHBURG VA	40:49
42:08					
440.	2707	39	CANDY WEBB	RICHMOND VA	41:58
42:12					
441.	2389	46	KAREN LUPTON	LYNCHBURG VA	41:56
42:13					
442.	2767	36	JACKIE MOON	APPOMATTOX VA	41:28
42:14					
443.	2549	10	HANNAH QUICK	LYNCHBURG VA	41:27
42:14					
444.	2036	41	MICHAEL BASSETT	LYNCHBURG VA	41:22
42:22					
445.	2433	13	KYLEE MCCRAW	LYNCHBURG VA	41:25
42:24					
446.	2612	33	JANICE SEARWAR	LYNCHBURG VA	41:13
42:27					
447.	2488	19	ASHTON OGDEN	MADISON HEIGHTS VA	41:15
42:32					
448.	2020	45	LAURA BAILEY	LYNCHBURG VA	41:31
42:33					
449.	2792	33	JULIE ANDERSON	PORTLAND OR	41:27
42:41					
450.	2759	64	LARRY SCOTT	LYNCHBURG VA	41:47
42:44					
451.	2240	38	JULIE GRAVELY	LYNCHBURG VA	41:37
42:47					
452.	2513	11	JESSICA PASCADLO	FOREST VA	42:00
42:49					
453.	2103	55	JEANETTE CICCARELLO	AMHERST VA	41:56
42:52					
454.	2194	13	ELLE EVANS	FOREST VA	42:03
42:52					
455.	2287	11	NATALIE HENDRICKSON	FOREST VA	42:03
42:52					
456.	2071	39	JENNIFER BRYANT	LYNCHBURG VA	42:11
42:53					
457.	2302	44	LYSA HOLBROOK	LYNCHBURG VA	41:38
42:56					
458.	2316	37	WILLIAM HUTTEMANN	BLACKSTONE VA	41:57
42:56					
459.	2052	24	SHELLEY BLADES	LYNCHBURG VA	42:05
42:57					
460.	2674	52	SANDRA THOMAS	CHARLOTTESVILLE VA	41:59
42:58					
461.	2324	38	KIM JACOBS	FOREST VA	42:05
42:59					
462.	2323	12	BAYLEE JACOBS	FOREST VA	42:05
43:00					
463.	2080	19	HALEY CALL	LYNCHBURG VA	42:55
43:00					
464.	2404	39	AMY MAPES	MADISON HEIGHTS VA	42:08
43:03					
465.	2092	45	GREG CARTER	MONETA VA	42:01
43:08					
466.	2076	36	ANNE BURTON	LYNCHBURG VA	42:35
43:10					
467.	2219	30	LEIGH FORRESTER	LYNCHBURG VA	42:41
43:12					
468.	2416	73	LEE MASSER	EDGEWATER MD	42:14
43:13					

## 09VA4miler

469.	2239	51	DEANNA GRABASKAS	LYNCHBURG VA	42:33
43:14					
470.	2695	59	DIANE WALTON	POWHATAN VA	42:48
43:16					
471.	2309	24	NICOLE HUMPHREY	LYNCHBURG VA	42:35
43:18					
472.	2351	24	ALISSA KEITH	LYNCHBURG VA	42:36
43:20					
473.	2163	38	JUDY DOSS	GRETNA VA	42:23
43:22					
474.	2437	11	VINCENT MCKENNA	FOREST VA	42:13
43:22					
475.	2436	44	MICHELLE MCKENNA	FOREST VA	42:13
43:23					
476.	2368	45	TRENDA LEAVITT	BEDFORD VA	42:15
43:24					
477.	2655	30	KYLIE STORM	FOREST VA	42:40
43:24					
478.	2142	45	SARAH DAVIDSON	LYNCHBURG VA	42:57
43:26					
479.	2139	8	JETTE DAVIDSON	LYNCHBURG VA	42:57
43:26					
480.	2245	32	DEANA GREENE	LYNCHBURG VA	42:29
43:28					
481.	2491	29	FRANKIE O'LEARY	FOREST VA	43:14
43:29					
482.	2708	56	CINDY WEBB	LYNCHBURG VA	42:57
43:32					
483.	2074	32	SELENA BRYANT	MONROE VA	43:13
43:33					
484.	2189	29	JENNIFER ELDER	NATHALIE VA	42:55
43:40					
485.	2460	23	WHITNEY MOORE	CINCINNATI OH	43:10
43:43					
486.	2043	25	LAUREN BENNETT	FOREST VA	43:01
43:44					
487.	2308	56	DONN HULLINGS	LYNCHBURG VA	43:47
43:48					
488.	2450	43	MELISSA MILLNER	FOREST VA	42:45
43:49					
489.	2756	65	BILL SKINNER	FOREST VA	43:10
43:50					
490.	2263	29	KRISTEN HARBIN	APPOMATTOX VA	42:56
43:54					
491.	2353	26	ROSELLYN KIDD	FOREST VA	43:06
44:04					
492.	2319	10	DILLON INGERSOLL	LYNCHBURG VA	42:52
44:06					
493.	2046	22	KATHERINE BEUERLE	LYNCHBURG VA	43:44
44:06					
494.	2667	41	CHRIS TERRY	MONROE VA	43:28
44:13					
495.	2087	41	REBECCA CARROLL	LYNCHBURG VA	44:04
44:15					
496.	2609	40	BETH SCOTT	LYNCHBURG VA	43:05
44:17					
497.	2397	36	KATHRYN MAGGI	LYNCHBURG VA	43:20
44:18					
498.	2181	23	REBECCA EATMON	LYNCHBURG VA	43:31
44:21					
499.	2273	13	RICHARD HARTLEY	LYNCHBURG VA	43:05
44:23					
500.	2419	27	JASON MATTOX	FOREST VA	43:32

## 09VA4miler

44:25	501.	2722	30	HEATHER WHITE	AMHERST VA	43:09
44:27	502.	2088	43	STELLA CARSON	LYNCHBURG VA	43:29
44:28	503.	2177	27	LAURA EAGLE	LYNCHBURG VA	43:26
44:29	504.	2440	36	ALLYSON MCSWAIN	LYNCHBURG VA	43:13
44:32	505.	2531	31	HALEY PINDER	LYNCHBURG VA	44:28
44:38	506.	2236	35	DEBORAH GLEASON	LYNCHBURG VA	44:29
44:38	507.	2342	48	JOHN-PAUL JONES	LYNCHBURG VA	44:19
44:42	508.	2377	12	LEIGHTON LEWIS	LYNCHBURG VA	44:37
44:45	509.	2104	13	LINDSEY CLAIR	LYNCHBURG VA	44:41
44:49	510.	2057	33	KERRY BOWLES	LYNCHBURG VA	44:04
44:52	511.	2203	21	GINNY FERGUSON	APPOMATTOX VA	44:09
44:55	512.	2502	12	ANNA OUIMET	LYNCHBURG VA	43:40
44:56	513.	2596	31	SARA SARGEANT	LYNCHBURG VA	44:13
44:56	514.	2073	20	SAMANTHA BRYANT	LYNCHBURG VA	44:16
44:59	515.	2209	35	JAMES FINNERTY	LYNCHBURG VA	44:21
44:59	516.	2135	39	DANA KOENI	FOREST VA	43:53
45:03	517.	2335	31	KELLI JOHNSON	LYNCHBURG VA	44:11
45:07	518.	2276	70	RALPH HASH	LYNCHBURG VA	44:06
45:07	519.	2643	49	FREDA SPENCER	FOREST VA	43:56
45:11	520.	2639	27	TRICIA SMITH	LYNCHBURG VA	43:56
45:12	521.	2272	16	MERLIN HARTLEY	LYNCHBURG VA	43:54
45:12	522.	2537	61	JOHN POOLE	LYNCHBURG VA	44:26
45:12	523.	2126	12	CASSIE CROPCO	FOREST VA	44:27
45:12	524.	2325	23	RAECHELLE JACOBS	LYNCHBURG VA	44:04
45:15	525.	2636	33	K. SHANE SMITH	LYNCHBURG VA	44:11
45:17	526.	2212	20	ANDREA FLAGG	LYNCHBURG VA	44:04
45:20	527.	2296	13	HALEY HILLER	LYNCHBURG VA	44:50
45:21	528.	2617	41	KIM SHELDON	LYNCHBURG VA	44:20
45:23	529.	2162	11	ANNA DOSS	FOREST VA	44:50
45:38	530.	2634	30	BROOKE SMITH	CONCORD VA	45:31
45:39	531.	2428	45	SCOT MCCARTHY	LYNCHBURG VA	44:49
45:40						

## 09VA4miler

532.	2526	33	TODD PERDIEU	FOREST VA	44:33
45:43					
533.	2345	34	RACHEL JONES	MADISON HEIGHTS VA	45:10
45:44					
534.	2034	19	HOPE BASINGER	ANCHORAGE AK	44:29
45:45					
535.	2679	35	TU TRAN	VICTORIA VA	44:47
45:45					
536.	2199	50	CAREY FALWELL	LYNCHBURG VA	44:39
45:47					
537.	2110	12	LAURA CLAY	FOREST VA	44:47
45:48					
538.	2330	11	ANNA JENNINGS	FOREST VA	44:49
45:50					
539.	2164	38	MARY DOSS	FOREST VA	45:04
45:52					
540.	2197	16	HANNAH FAIDLEY	MADISON HEIGHTS VA	44:57
45:54					
541.	2709	14	ABIGAIL WEGERT	MONROE VA	44:57
45:54					
542.	2262	37	KIM HANSEN	MONROE VA	44:47
45:55					
543.	2510	39	KIM PARR	AMHERST VA	45:28
46:00					
544.	2047	13	NATASHA BILLARD	LYNCHBURG VA	45:51
46:10					
545.	2564	45	KAREN REUTTER	GRETNA VA	45:37
46:10					
546.	2727	23	MATTIE WHITMORE	DURHAM NC	45:18
46:11					
547.	2725	53	KATHARINE WHITMORE	DURHAM NC	45:19
46:11					
548.	2210	27	LINDSAY FISHBURN	LYNCHBURG VA	45:23
46:13					
549.	2423	49	SUSAN MAY	MADISON HEIGHTS VA	45:24
46:14					
550.	2666	33	NISCHAL TAYLOR	LYNCHBURG VA	45:19
46:16					
551.	2576	19	CANDICIA RODRIGUEZ	LYNCHBURG VA	45:48
46:32					
552.	2173	38	KRISTI DUBOIS	GOODE VA	46:03
46:32					
553.	2554	21	ELISE RAMEY	UNIONTOWN OH	45:17
46:33					
554.	2383	30	JENNY LIPFORD	LYNCHBURG VA	45:32
46:33					
555.	2593	39	RAY SANTANA	FOREST VA	45:49
46:37					
556.	2476	45	KIM NECZYPORUK	LYNCHBURG VA	45:40
46:47					
557.	2479	52	KATHLEEN NELSON	FOREST VA	45:48
46:47					
558.	2480	54	RONALD NELSON	FOREST VA	45:49
46:47					
559.	2512	63	ROGER PARSONS	KNOXVILLE TN	45:35
46:48					
560.	2081	25	KRISTIN CAMPBELL	FOREST VA	46:18
46:48					
561.	2543	26	MARY BETH PRICE	LYNCHBURG VA	46:14
46:51					
562.	2671	27	ALEXIS THOMAS	EVINGTON VA	45:45
46:58					
563.	2223	55	MICHAELA GABATHULER	LYNCHBURG VA	45:56

## 09VA4miler

46:58					
564.	2040	18	IZZY BEGEJ	SWEET BRIAR VA	46:00
46:59					
565.	2434	34	LIANE MCCREADY	LYNCHBURG VA	46:41
47:00					
566.	2662	41	AMY TAUNTON	LYNCHBURG VA	45:51
47:00					
567.	2514	41	VALERIE PASCADLO	FOREST VA	46:14
47:03					
568.	2166	53	ELIZABETH DOUCETTE	LYNCHBURG VA	46:16
47:04					
569.	2053	36	SARA BOND	MADISON HEIGHTS VA	46:17
47:05					
570.	2808	39	KATHERINE JOHNSON	CONCORD VA	46:09
47:13					
571.	2807		GRANT JOHNSON	CONCORD VA	46:10
47:13					
572.	2628	10	NICK SIMPKINS	CONCORD VA	46:24
47:19					
573.	2776	38	MONIKA JOSHI	LYNCHBURG VA	46:19
47:22					
574.	2627	46	LAURA SIMPKINS	CONCORD VA	46:34
47:29					
575.	2718	50	MICHELE WEST	MADISON HEIGHTS VA	47:00
47:33					
576.	2298	57	GARLAND HOARE	CONCORD VA	47:10
47:36					
577.	2743	36	DARREN WU	CONCORD VA	47:10
47:36					
578.	2299	55	STEVE HODGE	WAYNESBORO VA	46:52
47:40					
579.	2067	32	JOSHUA BROOKS	LYNCHBURG VA	46:59
47:49					
580.	2358	71	JOHN KURISKY	FOREST VA	47:20
48:03					
581.	2620	47	WILSON SHEPHERD	FOREST VA	47:24
48:09					
582.	2413	21	LINDSEY MARTIN	SOUTH BOSTON VA	47:26
48:12					
583.	2645	25	SARA SPENCER	FOREST VA	47:22
48:17					
584.	2694	37	WENDY WALTER	SCOTTSVILLE VA	47:57
48:24					
585.	2489	41	KRISTIN OGDEN	MADISON HEIGHTS VA	47:08
48:25					
586.	2062	7	CAROLINE BRANHAM	MADISON HEIGHTS VA	47:10
48:26					
587.	2720	31	DREW WHELAN	SCARSDALE NY	47:09
48:27					
588.	2597	45	SHERRY SAUNDERS	FOREST VA	48:20
48:36					
589.	2449	64	THOMAS MILLER	ROANOKE VA	47:35
48:38					
590.	2096	61	MARCIA CATALANO	LYNCHBURG VA	48:07
48:48					
591.	2200	41	KRISTINA FALWELL	LYNCHBURG VA	47:50
48:58					
592.	2750	33	JEFF YOUNG	MADISON HEIGHTS VA	47:49
49:06					
593.	2418	46	LYN MATHEWS	LYNCHBURG VA	48:32
49:18					
594.	2131	70	JOSEPH CUTLER	BEDFORD VA	48:19
49:19					

## 09VA4miler

595.	2789	80	ROBERT FETHERSTON	LYNCHBURG VA	48:37
49:20					
596.	2206	51	JOHN FETHERSTON	GLEN ALLEN VA	48:37
49:20					
597.	2380	27	AMY LIBEAU	LYNCHBURG VA	48:26
49:23					
598.	2669	44	DEBORAH THIEM	MIDLOTHIAN VA	48:48
49:35					
599.	2573	22	KELAN ROBEY	LYNCHBURG VA	47:17
49:36					
600.	2614	16	DANE SELF	LYNCHBURG VA	47:18
49:37					
601.	2678	41	LISA TOMLIN	MADISON HEIGHTS VA	49:27
49:44					
602.	2719	37	TANYA WEST	MADISON HEIGHTS VA	49:05
49:44					
603.	2459	47	BEVERLY MOORE	EVINGTON VA	49:29
49:49					
604.	2737	30	LESLIE WOOD	AMHERST, VA	49:20
49:53					
605.	2044	47	TAMMY BERRY	COVINGTON VA	49:30
49:57					
606.	2348	31	CATHERINE KARNES	LYNCHBURG VA	49:52
49:59					
607.	2625	30	CARRIE SIDENER	LYNCHBURG VA	49:52
50:00					
608.	2581	42	CAROL RUGGIO	LYNCHBURG VA	49:08
50:14					
609.	2557	50	TERRIE RAMSDELL	LYNCHBURG VA	49:20
50:16					
610.	2049	58	ALBERT BILLINGSLY	LYNCHBURG VA	49:31
50:18					
611.	2322	33	MICHAEL JACOB	LYNCHBURG VA	49:09
50:19					
612.	2496	7	WILLIAM OLICHNEY	LYNCHBURG VA	49:48
50:36					
613.	2495	41	LARA OLICHNEY	LYNCHBURG VA	49:51
50:39					
614.	2288	51	GLORIA HENRY	MADISON HEIGHTS VA	49:41
50:40					
615.	2195	16	KAITLIN EVANS	FOREST VA	49:55
50:44					
616.	2280	33	BARBIE HAYES	SPOUT SPRING VA	50:09
50:52					
617.	2347	28	KIM KAM	LYNCHBURG VA	50:01
50:53					
618.	2205	38	TRACEY FERRELL	FOREST VA	50:10
50:58					
619.	2394	10	ALLISON MADDOX	FOREST VA	49:50
51:00					
620.	2396	40	TABITHA MADDOX	FOREST VA	49:49
51:01					
621.	2314	42	PENNY HUTCHINSON	LYNCHBURG VA	50:03
51:01					
622.	2386	53	BRIAN LONG	LYNCHBURG VA	50:17
51:13					
623.	2473	42	RITA NAPPER	AMHERST VA	50:38
51:17					
624.	2180	73	MAURICE EARLES	GOODVIEW VA	51:15
51:20					
625.	2221	10	EMILY FOSTER	LYNCHBURG VA	50:04
51:23					
626.	2222	38	SUSAN FOSTER	LYNCHBURG VA	50:04

## 09VA4miler

51:23					
627.	2411	46	DEBRA MARTIN	APPOMATTOX VA	50:38
51:35					
628.	2797	23	JESSIE POUNDS	LYNCHBURG VA	50:28
51:44					
629.	2724	47	DAVID WHITEHURST	BEDFORD VA	50:44
51:46					
630.	2508	77	GARLAND PAGE	BEDFORD VA	51:30
51:52					
631.	2619	8	CARSON SHEPHERD	FOREST VA	51:31
52:01					
632.	2284	10	LAINNEY HEAD	LYNCHBURG VA	51:38
52:08					
633.	2283	42	DAVID HEAD	LYNCHBURG VA	51:39
52:08					
634.	2252	46	CASSIE HAGAN	LYNCHBURG VA	50:52
52:10					
635.	2676	13	ETHAN THORNBURG	LYNCHBURG VA	51:17
52:12					
636.	2684	42	JEREMY VANDEBOGART	LYNCHBURG VA	51:11
52:18					
637.	2633	12	BRANDON SMITH	FOREST VA	51:22
52:20					
638.	2136	12	CLAUDIA DARDEN	LYNCHBURG VA	51:23
52:20					
639.	2220	40	CARMELITA FOSTER	AMHERST VA	51:16
52:30					
640.	2083	37	RHONDA CANTRELL	GLADYS VA	51:19
52:35					
641.	2642	45	ROXANNE SNYDER	MADISON HEIGHTS VA	52:02
52:45					
642.	2148	49	JOAN DEAL	FOREST VA	52:37
53:05					
643.	2587	30	JHON-JHON SALAZAR	LYNCHBURG VA	52:14
53:07					
644.	2588	30	LESLIE SALAZAR	LYNCHBURG VA	52:13
53:08					
645.	2355	46	SHANNON KNIGHT	MADISON HEIGHTS VA	52:40
53:09					
646.	2159	20	SHANNON DOMINGUEZ	EVINGTON VA	52:32
53:17					
647.	2586	41	EVA SALAZAR	LYNCHBURG VA	52:26
53:20					
648.	2685	42	KIM VANDEBOGART	LYNCHBURG VA	52:26
53:33					
649.	2395	61	MARY MADDOX	LYNCHBURG VA	52:23
53:41					
650.	2690	36	MARTHA VESTERLUND	APPOMATTOX VA	53:27
53:48					
651.	2075	40	FELISSA BURFORD	FOREST VA	52:57
54:08					
652.	2562	49	BEN REEVES	LYNCHBURG VA	54:03
54:10					
653.	2282	45	STEPHEN HAYES	LYNCHBURG VA	53:00
54:10					
654.	2281	33	NANCY HAYES	LYNCHBURG VA	53:00
54:10					
655.	2558	23	BONNIE RAMSEY	LYNCHBURG VA	53:55
54:21					
656.	2294	48	SUSAN HESS	FOREST VA	53:08
54:25					
657.	2561	26	BRETT REDGATE	CHARLOTTESVILLE VA	54:04
54:48					

## 09VA4miler

658.	2153	51	BARBARA DEWITT	LYNCHBURG VA	54:37
54:55					
659.	2592	13	GABRYELLE SAMPSON	SPOUT SPRING VA	54:43
55:42					
660.	2470	12	TIANA MURRIETA	SPOUT SPRING VA	54:42
55:42					
661.	2481	35	TROY NELSON	CONCORD VA	54:42
55:57					
662.	2739	59	DIANN WOOLRIDGE	MADISON HEIGHTS VA	55:23
56:08					
663.	2297	57	CATHY HOARE	CONCORD VA	55:46
56:13					
664.	2641	64	DAVID A. SNYDER	AFTON VA	55:38
56:28					
665.	2420	59	BARBARA MATYSEK	AFTON VA	55:37
56:28					
666.	2061	22	ASHLEE BRAMMER	WOOLWINE VA	55:42
56:50					
667.	2334	52	DANA JOHNSON	EVINGTON VA	56:25
57:03					
668.	2632	32	LARA SLOUGH	LYNCHBURG VA	56:48
57:28					
669.	2610	61	BETTY SCOTT	LYNCHBURG VA	56:49
57:31					
670.	2613	32	LORI SEIPP	LYNCHBURG VA	56:58
57:35					
671.	2566	48	KAY RICE	LYNCHBURG VA	56:52
57:43					
672.	2060	41	SANDRA BRAGG	LYNCHBURG VA	57:28
58:05					
673.	2431	35	TEAL MCCLURE	LYNCHBURG VA	56:57
58:07					
674.	2226	62	GEORGIA GALLAHER	ROANOKE VA	57:49
58:40					
675.	2256	28	EMILY HALL	LYNCHBURG VA	58:09
58:53					
676.	2257	31	G.W. HALL	LYNCHBURG VA	58:13
58:57					
677.	2378	17	LINDSAY LEWIS	LYNCHBURG VA	58:24
59:25					
678.	2155	33	AMY DIGREGORIO	LYNCHBURG VA	58:24
59:25					
679.	2484	39	KAREN NIXON	MADISON HEIGHTS VA	58:32
59:34					
680.	2303	71	RICHARD HOLBROOK	LYNCHBURG VA	58:26
59:46					
681.	2089	22	AMANDA CARTER	SANDY LEVEL VA	58:44
59:52					
682.	2224	72	VICTOR GALAN	LYNCHBURG VA	59:35
59:59					
683.	2652	51	CYNTHIA STEWART	LYNCHBURG VA	59:43
1:00:23					
684.	2532	47	SONDRA PINN	LYNCHBURG VA	59:12
1:00:26					
685.	2218	52	DENNIS FLUDD	LYNCHBURG VA	1:00:08
1:00:30					
686.	2795	19	WHITNEY VINCENT	ASHBURN VA	59:33
1:00:31					
687.	2529	26	DANE PETERSON	MADISON HEIGHTS VA	59:35
1:00:36					
688.	2637	47	KAREN SMITH	CONCORD VA	1:00:03
1:00:37					
689.	2144	27	SHARON DAVIES	LYNCHBURG VA	59:51

09VA4miler

1:01:04	690. 2143	27	COREY DAVIES	LYNCHBURG VA	59:51
1:01:05	691. 2738	59	SUE WOOD	GOODE VA	1:00:49
1:01:24	692. 2124	56	CINDY CRANCE	LEXINGTON VA	1:00:51
1:01:26	693. 2697	61	HEIDI WARD	BROOKNEAL VA	1:00:53
1:01:51	694. 2311	87	ROBERT HUNTINGTON	LYNCHBURG VA	1:01:56
1:02:28	695. 2026	29	ANDRAYA BARGER	FOREST VA	1:01:56
1:02:28					

Sep-26-2009 12:39:18pm

2009 The Virginia 4-Miler  
Lynchburg, VA 09/26/2009 8:00am

-----  
TOP 3 OVERALL MALES  
-----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	===	=====	=====	=====	
22:12	1. 2295	20	DAN HIBBS	LYNCHBURG VA	22:12	
23:44	2. 2039	15	DYLAN BECK	LYNCHBURG VA	23:43	
24:20	3. 2457	14	COLLIN MONTGOMERY	LYNCHBURG VA	24:19	

-----  
TOP 1 OVERALL MASTERS MALES  
-----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	===	=====	=====	=====	
26:53	1. 2321	53	CLARK JACKSON	CHARLOTTESVILLE VA	26:50	

2009 The Virginia 4-Miler  
Lynchburg, VA 09/26/2009 8:00am  
Age Group Results - Male

-----  
MALE AGE GROUP: 1 - 10 (200)  
-----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	===	=====	=====	=====	
32:53	1. 2156	9	HUNTER DIMINICK	LYNCHBURG VA	32:47	
33:50	2. 2499	9	SETH OLIVER	LYNCHBURG VA	33:19	
36:56	3. 2700	10	JOHN WARREN	LYNCHBURG VA	36:39	

09VA4miler

37:34	4.	2185	10	ABDULLAH EHTESHAM	LYNCHBURG VA	36:50
39:15	5.	2338	10	WILL JOHNSON	LYNCHBURG VA	39:09
39:52	6.	2369	10	WILLIAM LEAVITT	BEDFORD VA	38:39
40:17	7.	2327	10	ELIJAH JANTOMASO	FOREST VA	39:01
40:23	8.	2427	9	BEN MCCARTHY	LYNCHBURG VA	39:32
41:09	9.	2736	9	MATTHEW WISNIEWSKI	LYNCHBURG VA	40:52
41:11	10.	2595	9	LUKE SARANTOS	LYNCHBURG VA	40:53
41:22	11.	2029	10	JOSHUA BARNARD	LYNCHBURG VA	41:04
44:06	12.	2319	10	DILLON INGERSOLL	LYNCHBURG VA	42:52
47:19	13.	2628	10	NICK SIMPKINS	CONCORD VA	46:24
50:36	14.	2496	7	WILLIAM OLICHNEY	LYNCHBURG VA	49:48

-----  
 MALE AGE GROUP: 11 - 14 (200)  
 -----

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
=====	=====	=====	=====	=====	=====	
25:59	1.	2328	14	JUSTIN JANTOMASO	FOREST VA	25:55
26:02	2.	2689	13	STEPHEN VERNON	FOREST VA	25:57
27:00	3.	2560	14	BRYAN RAPP	LYNCHBURG VA	26:55
27:26	4.	2341	14	WILL JOHNSTON	LYNCHBURG VA	27:10
28:29	5.	2336	14	RYAN JOHNSON	GLADYS VA	28:23
28:43	6.	2070	14	DANIEL BRYANT	FOREST VA	28:38
29:16	7.	2520	12	ANDERSON PEAKE	LYNCHBURG VA	29:06
29:39	8.	2388	14	CLARK LUPTON	LYNCHBURG VA	29:38
30:26	9.	2277	14	WESLEY HATIN	LYNCHBURG VA	29:14
30:53	10.	2391	11	WILLIAM LUPTON	LYNCHBURG VA	30:51
30:59	11.	2621	14	GEORGE SHERMAN	AMHERST VA	30:35
32:41	12.	2160	12	SEAMUS DONAHUE	LYNCHBURG VA	32:25
32:56	13.	2291	13	CHRISTOPHER HEPPNER JR.	LYNCHBURG VA	32:51
33:01	14.	2443	12	MATT MEADOWS	LYNCHBURG VA	32:57
33:13	15.	2811	12	BILLY JR RUDELIS	LYNCHBURG VA	32:50
33:43	16.	2054	12	LOGAN BOSIGER	FOREST VA	33:32
	17.	2267	14	PETER HARRINGTON	LYNCHBURG VA	33:41

## 09VA4miler

33:45					
18.	2661	13	AUSTIN TATOM	LYNCHBURG VA	33:42
33:46					
19.	2656	13	RYAN SULLIVAN	LYNCHBURG VA	33:37
33:55					
20.	2129	13	PATRICK CUNDIFF	LYNCHBURG VA	33:29
33:59					
21.	2233	12	KARL GERLICH	LYNCHBURG VA	33:27
34:00					
22.	2151	12	ROB DENDY	LYNCHBURG VA	33:56
34:00					
23.	2031	12	ANDREW BARNEY	LYNCHBURG VA	34:18
34:23					
24.	2174	13	MCCARRON DUGGER	LYNCHBURG VA	34:12
34:32					
25.	2583	14	MATTHEW SACKETT	LYNCHBURG VA	34:12
34:32					
26.	2563	12	WILL REEVES	LYNCHBURG VA	34:37
34:44					
27.	2187	13	JACOB ELBRECHT	LYNCHBURG VA	33:53
34:49					
28.	2785	13	MICHAEL GOODRICH	LYNCHBURG VA	34:00
34:57					
29.	2648	14	MATTHEW STEM	LYNCHBURG VA	34:31
35:13					
30.	2497	11	IAN OLIVER	LYNCHBURG VA	34:50
35:21					
31.	2714	14	NIKOLAUS WEINMEISTER	GOODE VA	35:30
35:55					
32.	2494	11	JACOB OLICHNEY	LYNCHBURG VA	36:50
37:38					
33.	2813	12	CONNER TATOM		37:10
37:39					
34.	2285	12	RILEY HEAD	LYNCHBURG VA	37:36
37:40					
35.	2524	12	MARK, JR. PEAKE	LYNCHBURG VA	37:40
37:56					
36.	2258	13	AUBREY HALL IV	RUSTBURG VA	38:02
38:48					
37.	2030	13	JW BARNARD	LYNCHBURG VA	38:40
38:59					
38.	2415	11	ZACHRY MARTIN	FOREST VA	38:49
39:16					
39.	2216	14	DEAN FLORES	LYNCHBURG VA	39:47
39:52					
40.	2580	13	NATHAN RUGGIERI	LYNCHBURG VA	39:34
39:54					
41.	2521	12	JOHN PEAKE	LYNCHBURG VA	39:31
40:25					
42.	2038	12	GORDY BEASLEY	LYNCHBURG VA	39:26
40:44					
43.	2493	14	EVANS OLICHNEY	LYNCHBURG VA	40:53
41:30					
44.	2365	14	ANTON LAWSON	LYNCHBURG VA	40:54
41:31					
45.	2437	11	VINCENT MCKENNA	FOREST VA	42:13
43:22					
46.	2273	13	RICHARD HARTLEY	LYNCHBURG VA	43:05
44:23					
47.	2676	13	ETHAN THORNBURG	LYNCHBURG VA	51:17
52:12					
48.	2633	12	BRANDON SMITH	FOREST VA	51:22
52:20					

09VA4miler

-----						
MALE AGE GROUP: 15 - 19 (200)						
-----						
Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
=====	=====	=====	=====	=====	=====	
1.	2715	19	JERRY WELLS	LYNCHBURG VA	24:23	
24:26						
2.	2211	15	TREY FISHER	FOREST VA	24:25	
24:33						
3.	2032	15	DAVID BARNEY, JR.	LYNCHBURG VA	24:50	
24:52						
4.	2435	16	MATTHEW MCDANIEL	LYNCHBURG VA	24:53	
24:56						
5.	2663	15	ALEXANDER TAYLOR	CHAPEL HILL NC	24:57	
24:59						
6.	2058	19	RICKY BOWMAN	GLADYS VA	24:57	
25:00						
7.	2079	17	ZACHARY BYRAM	FOREST VA	25:06	
25:10						
8.	2504	15	F. KARL OVERSTREET	LYNCHBURG VA	25:56	
25:57						
9.	2533	15	MATT PITTARD	LYNCHBURG VA	25:59	
26:00						
10.	2145	19	EVAN DAVIS	LYNCHBURG VA	26:08	
26:18						
11.	2644	19	PARKER SPENCER	FOREST VA	26:09	
26:31						
12.	2429	16	BRANDON MCCLENNY	PAMPLIN VA	26:44	
26:47						
13.	2078	15	TIMOTHY BYRAM	FOREST VA	27:25	
27:29						
14.	2760	15	ATTICUS DICKSON	LYNCHBURG VA	27:45	
27:50						
15.	2601	16	PAUL SCHMIDT	FORST VA	28:00	
28:05						
16.	2402	18	PAUL MALLOY	LYNCHBURG VA	27:40	
28:40						
17.	2343	17	MARK JONES	FOREST VA	28:36	
28:40						
18.	2127	15	DREW CROWE	EVINGTON VA	28:46	
28:51						
19.	2390	16	MORGAN LUPTON	LYNCHBURG VA	29:01	
29:06						
20.	2356	18	DAVID KOSCIUSCO	LYNCHBURG VA	29:05	
29:09						
21.	2238	19	GEORGE GOOD	LONG ISLAND VA	29:12	
29:15						
22.	2516	15	CLAY PATTERSON	LYNCHBURG VA	29:45	
29:57						
23.	2772	15	VANBUSKIRK ALEX	LYNCHBURG VA	29:57	
30:31						
24.	2432	16	BRIAN MCCORKLE	LYNCHBURG VA	30:59	
31:11						
25.	2372	18	BOBBY LEFFEW	LYNCHBURG VA	31:13	
31:42						
26.	2403	16	WILL MANNING	LYNCHBURG VA	31:31	
31:44						
27.	2055	17	MASON BOWEN	AMHERST VA	31:56	
32:01						
28.	2268	18	JAMAINE HARRIS	LYNCHBURG VA	33:12	

09VA4miler

33:16					
29.	2214	16	ADRYAN FLORES	LYNCHBURG VA	33:30
33:36					
30.	2577	17	SEAN ROSENTHAL	LYNCHBURG VA	32:52
34:08					
31.	2716	15	ANTHONY WEST	MADISON HEIGHTS VA	34:37
34:39					
32.	2406	15	GREGORY MARGIDA	ALLIANCE OH	34:39
35:23					
33.	2069	18	TRAVIS BROWN	LYNCHBURG VA	37:31
37:34					
34.	2244	17	WILL GREEN	LYNCHBURG VA	39:22
40:21					
35.	2120	16	SHAWN CORDING	LYNCHBURG VA	40:53
41:30					
36.	2191	17	QUAINTANCE ERIC	LYNCHBURG VA	40:53
41:31					
37.	2125	15	SAM CRAWFORD	LYNCHBURG VA	40:53
41:31					
38.	2410	16	CARLOS MARTIN	LYNCHBURG VA	40:53
41:31					
39.	2023	16	CHRIS BARBER	LYNCHBURG VA	40:53
41:31					
40.	2254	17	MICHAEL HALE	LYNCHBURG VA	40:53
41:32					
41.	2658	19	CASEY SUTHERLAND	ALEXANDRIA VA	42:01
42:06					
42.	2272	16	MERLIN HARTLEY	LYNCHBURG VA	43:54
45:12					
43.	2614	16	DANE SELF	LYNCHBURG VA	47:18
49:37					

-----  
 MALE AGE GROUP: 20 - 24 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	===	=====	=====	=====	
	=====					
1.	2022	21	THOMAS BALLOWE	APPOMATTOX VA	27:15	
27:19						
2.	440	22	JAMES KENNEDY	HAMPDEN-SYDNEY VA	28:17	
28:22						
3.	2114	20	CARL COFFEY	LYNCHBURG VA	29:53	
29:57						
4.	2589	22	MICHAEL SALERNO	LYNCHBURG VA	30:42	
31:21						
5.	2780	21	WILL WILD	LEXINGTON VA	31:09	
32:10						
6.	2606	20	MARVIN SCHWANNECKE	BOFFZEN VA	32:24	
32:57						
7.	2779	20	JON STUMPS	LEXINGTON VA	31:56	
32:57						
8.	2584	20	KARL SAKAS	LYNCHBURG VA	32:55	
32:59						
9.	2305	21	PETER HOPPE	LYNCHBURG VA	33:02	
33:04						
10.	2409	23	JON MARSTON	LYNCHBURG VA	33:52	
35:05						
11.	2253	23	JOEY HALE	SANDY LEVEL VA	35:27	
36:36						
12.	2670	24	BRYAN THILKING	LYNCHBURG VA	39:24	
40:15						

09VA4miler

13. 2364 21 MICAH LAVANCHY JACKSON MO 39:31  
40:29

MALE AGE GROUP: 25 - 29 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2485	25	NICK NOE	CHARLOTTESVILLE VA	29:03	
29:22						
2.	2179	28	RYAN EARLE	LYNCHBURG VA	30:05	
32:04						
3.	2604	25	ERIC SCHUSTER	HAMPTON VA	33:44	
34:46						
4.	2249	29	THOMAS GRINDO	BEDFORD VA	34:11	
35:07						
5.	2077	29	CHRISTOPHER BURTON	SCOTTSVILLE VA	34:58	
35:25						
6.	2538	29	KEITH POOLE	LYNCHBURG VA	36:35	
37:20						
7.	2598	26	JONATHAN SCHALLMO	FOREST VA	37:46	
38:15						
8.	2439	26	CHRIS MCLEAN	NORFOLK VA	37:20	
38:36						
9.	2657	29	BRIAN SUMMERS	LYNCHBURG VA	38:57	
40:01						
10.	2201	27	JOSHUA FARMER	LYNCHBURG VA	39:44	
40:15						
11.	2691	27	STEWART WADDY	LYNCHBURG VA	40:29	
41:26						
12.	2638	27	KEVIN SMITH	FOREST VA	41:13	
41:42						
13.	2248	26	CODY GREY	PETERSBURG VA	40:59	
41:53						
14.	2419	27	JASON MATTOX	FOREST VA	43:32	
44:25						
15.	2347	28	KIM KAM	LYNCHBURG VA	50:01	
50:53						
16.	2529	26	DANE PETERSON	MADISON HEIGHTS VA	59:35	
1:00:36						
17.	2143	27	COREY DAVIES	LYNCHBURG VA	59:51	
1:01:05						

MALE AGE GROUP: 30 - 34 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2441	34	CHRIS MCSWAIN	LYNCHBURG VA	28:41	
29:04						
2.	2003	32	JAKE ABELL	CROZIER VA	28:56	
29:09						
3.	2190	31	JAMES ELLIOTT	FAIRFAX VA	29:54	
30:03						
4.	2247	32	JEREMY GREENMUN	LYNCHBURG VA	31:02	
31:33						
5.	2646	33	CHRISTOPHER STANDS	LYNCHBURG VA	36:40	
37:25						
6.	2207	32	MATTHEW FIFER	EVINGTON VA	37:23	

09VA4miler

37:42					
7.	2310	30	WIN HUNTER	WAYNESBORO VA	37:10
38:22					
8.	2141	33	NEAL DAVIDSON	LYNCHBURG VA	38:56
39:27					
9.	2735	33	CHRISTIAN WILWOHL	LYNCHBURG VA	38:32
39:33					
10.	2649	31	MARC STERNE	EVINGTON VA	38:20
39:37					
11.	2515	33	COREY PASSMAN	LYNCHBURG VA	39:01
39:46					
12.	2607	31	AARON SCOTT	LYNCHBURG VA	38:58
40:02					
13.	2492	33	ROBERT O'LEARY	FOREST VA	39:30
40:20					
14.	2270	32	WILLIAM HARRIS	MADISON HEIGHTS VA	40:37
41:42					
15.	2511	31	BJ PARRISH	LYNCHBURG VA	41:35
41:53					
16.	2636	33	K. SHANE SMITH	LYNCHBURG VA	44:11
45:17					
17.	2526	33	TODD PERDIEU	FOREST VA	44:33
45:43					
18.	2067	32	JOSHUA BROOKS	LYNCHBURG VA	46:59
47:49					
19.	2720	31	DREW WHELAN	SCARSDALE NY	47:09
48:27					
20.	2750	33	JEFF YOUNG	MADISON HEIGHTS VA	47:49
49:06					
21.	2322	33	MICHAEL JACOB	LYNCHBURG VA	49:09
50:19					
22.	2587	30	JHON-JHON SALAZAR	LYNCHBURG VA	52:14
53:07					
23.	2257	31	G.W. HALL	LYNCHBURG VA	58:13
58:57					

-----  
 MALE AGE GROUP: 35 - 39 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	====	=====	=====	=====	
	1.	2171	39	BILLY DRINKARD	FOREST VA	31:27
31:36	2.	2101	39	MIKE CHEATWOOD	FOREST VA	32:38
32:47	3.	2777	37	SCOTT KOVEY	LYNCHBURG VA	32:20
33:02	4.	2255	37	AARON HALL	GRETNA VA	33:23
34:11	5.	2426	36	DAVID MCBRIDE	FOREST VA	34:20
34:29	6.	769	38	LINCOLN SMITH	ATLANTA GA	36:46
36:59	7.	2361	39	CHARLIE LARSON	LYNCHBURG VA	36:30
37:35	8.	2465	36	BILLY MOSBY	CHARLOTTE NC	36:36
37:38	9.	2806	39	DOUG ROBERTSON	MONTGOMERY AZ	37:00
37:44	10.	2006	37	CHRIS ADAMS	AMHERST VA	37:20
38:00						

09VA4miler

11.	2452	35	CARLOS MIRANDA	MEMPHIS TN	38:11
38:55					
12.	2118	37	MATTHEW CONNELLY	LYNCHBURG VA	38:26
39:09					
13.	2762	37	JOHN OLMSTED	LYNCHBURG VA	38:55
39:09					
14.	2331	38	ERIC JENNINGS	CONCORD VA	37:51
39:14					
15.	2274	36	ED HARTMAN	RALEIGH NC	39:22
39:48					
16.	2483	39	CHRIS NIXON	MADISON HEIGHTS VA	39:42
40:44					
17.	2544	35	ROBBIE PRICE	LYNCHBURG VA	40:09
40:52					
18.	2264	36	JOSEPH HARPER III	LYNCHBURG VA	40:38
41:27					
19.	2316	37	WILLIAM HUTTEMANN	BLACKSTONE VA	41:57
42:56					
20.	2209	35	JAMES FINNERTY	LYNCHBURG VA	44:21
44:59					
21.	2679	35	TU TRAN	VICTORIA VA	44:47
45:45					
22.	2593	39	RAY SANTANA	FOREST VA	45:49
46:37					
23.	2743	36	DARREN WU	CONCORD VA	47:10
47:36					
24.	2481	35	TROY NELSON	CONCORD VA	54:42
55:57					

-----  
 MALE AGE GROUP: 40 - 44 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
1.	2229	43	JEFF GAURA	MONROE NC	31:36	
31:53						
2.	2349	44	MIKE KEATTS	STAUNTON VA	31:22	
32:15						
3.	2157	42	MICHAEL DIMINICK	LYNCHBURG VA	32:48	
32:54						
4.	2165	44	STEPHEN DOSS	MADISON HEIGHTS VA	33:26	
33:56						
5.	2130	43	JEFF CURRY	EVINGTON VA	34:43	
34:58						
6.	2675	40	PAUL THOMPSON	LYNCHBURG VA	35:03	
35:12						
7.	2384	42	MATTHEW LLOYD	LYNCHBURG VA	35:14	
36:00						
8.	2217	43	FERDINAND FLORES	LYNCHBURG VA	36:50	
36:56						
9.	2781	44	NORMAN DARDEN	LYNCHBURG VA	38:12	
39:08						
10.	2329	44	MARC JANTOMASO	FOREST VA	38:47	
40:05						
11.	2771	40	MARK LINESBURG	AMHERST VA	39:09	
40:15						
12.	2786	42	GAR SYDNOR	WINCHESTER VA	39:12	
40:22						
13.	2569	43	BEN RIELEY	RUSTBURG VA	40:10	
41:12						
14.	2154	44	ANDREW DICKMAN	FOREST VA	40:27	

## 09VA4miler

41:44					
15.	535	42	BRUCE MCCLARY	RICHMOND VA	41:01
42:07					
16.	2036	41	MICHAEL BASSETT	LYNCHBURG VA	41:22
42:22					
17.	2667	41	CHRIS TERRY	MONROE VA	43:28
44:13					
18.	2283	42	DAVID HEAD	LYNCHBURG VA	51:39
52:08					
19.	2684	42	JEREMY VANDEBOGART	LYNCHBURG VA	51:11
52:18					

-----  
 MALE AGE GROUP: 45 - 49 (200)  
 -----

Place TIME	Bib =====	Age ===	NAME =====	CITY/STATE =====	CHIP TIME =====	GUN
1.	2150	46	BOB DENDY	LYNCHBURG VA	29:03	
29:06						
2.	2702	46	STEVE WASHBURN	FOREST VA	30:20	
30:28						
3.	2800	46	MARK SPROUSE	LYNCHBURG VA	32:34	
33:04						
4.	2801	45	FERRIS BOOTH	VINTON VA	33:12	
33:20						
5.	2782	47	TONY HUFFMAN	FOREST VA	33:23	
33:35						
6.	2570	48	RJ ROARK	FOREST VA	34:02	
34:34						
7.	2188	49	DAVID ELDER	FOREST VA	34:35	
35:13						
8.	2525	46	MARK, SR. PEAKE	LYNCHBURG VA	35:11	
35:22						
9.	2170	47	PETER DOYLE	LYNCHBURG VA	35:06	
35:40						
10.	2713	46	FRANK WEINMEISTER	GOODE VA	35:31	
35:55						
11.	2791	49	JORGE SAAVEDRA	LYNCHBURG VA	35:02	
35:59						
12.	2680	47	JERRY TRENT, JR.	CONCORD VA	35:34	
36:09						
13.	2754	46	JOHN CAUDILL	LYNCHBURG VA	35:22	
36:11						
14.	2527	45	TIM PERRY	LYNCHBURG VA	35:44	
36:25						
15.	2793	45	TROY COLEMAN	LYNCHBURG VA	36:26	
36:41						
16.	2509	47	PAUL PARKS	FOREST VA	36:22	
36:50						
17.	2519	45	TODD PAYNE	AMHERST VA	36:14	
36:55						
18.	2371	45	BOB LEFFEW	LYNCHBURG VA	37:19	
37:49						
19.	2333	45	TIM JENNINGS	FOREST VA	36:48	
37:53						
20.	2552	47	RICHARD RAINES	LYNCHBURG VA	37:34	
38:36						
21.	2758	46	MIKEL BRYANT	LYNCHBURG VA	38:04	
38:54						
22.	2665	46	DAVID TAYLOR	CHAPEL HILL NC	38:26	
38:58						

09VA4miler

23.	2360	48	CHIP LAMBERT	SWEICKLEY PA	39:50	
39:58	24.	2477	46	MICHAEL NECZYPORUK	LYNCHBURG VA	38:56
40:04	25.	2498	46	JOHN OLIVER	LYNCHBURG VA	40:37
41:08	26.	2167	49	DONALD DOUGHERTY	MONROE VA	40:55
41:31	27.	2028	46	JOHN BARNARD	LYNCHBURG VA	41:17
41:35	28.	2213	47	ROHN FLANDERS	FOREST VA	41:11
41:37	29.	2092	45	GREG CARTER	MONETA VA	42:01
43:08	30.	2342	48	JOHN-PAUL JONES	LYNCHBURG VA	44:19
44:42	31.	2428	45	SCOT MCCARTHY	LYNCHBURG VA	44:49
45:40	32.	2620	47	WILSON SHEPHERD	FOREST VA	47:24
48:09	33.	2724	47	DAVID WHITEHURST	BEDFORD VA	50:44
51:46	34.	2562	49	BEN REEVES	LYNCHBURG VA	54:03
54:10	35.	2282	45	STEPHEN HAYES	LYNCHBURG VA	53:00
54:10						

MALE AGE GROUP: 50 - 54 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	====	=====	=====	=====	
	1.	2250	51	OWEN GRUBBS	LYNCHBURG VA	30:54
31:10	2.	2668	53	DAVIS TERRY	BAHAMA NC	31:19
31:37	3.	2152	52	SCOTT DEVENING	LYNCHBURG VA	31:50
32:00	4.	2712	54	WILLIAM WEGERT	MONROE VA	32:19
32:40	5.	2454	50	LARRY MOBLEY	APPOMATTOX VA	32:55
33:13	6.	2751	50	GEORGE ZIPPEL	LYNCHBURG VA	33:12
33:18	7.	2683	50	PAUL ULMER	LYNCHBURG VA	33:21
33:30	8.	2803	50	CHARLIE FALLS	LYNCHBURG VA	33:19
33:38	9.	2352	54	STEVE KERR	ROANOKE VA	33:50
34:20	10.	2232	52	BRUCE GERLICH	LYNCHBURG VA	34:00
34:33	11.	2318	50	ROBERT IBARRA	LYNCHBURG VA	34:04
34:41	12.	2393	54	MICHAEL MADDEN	LYNCHBURG VA	34:53
35:43	13.	2794	50	MARK WARREN	LYNCHBURG VA	36:41
36:58	14.	2438	51	JIM MCLAUGHLIN	FOREST VA	39:39
40:18	15.	2405	52	ANTHONY MARGIDA	ALLIANCE OH	40:39

## 09VA4miler

41:24					
16.	2199	50	CAREY FALWELL	LYNCHBURG VA	44:39
45:47					
17.	2480	54	RONALD NELSON	FOREST VA	45:49
46:47					
18.	2206	51	JOHN FETHERSTON	GLEN ALLEN VA	48:37
49:20					
19.	2386	53	BRIAN LONG	LYNCHBURG VA	50:17
51:13					
20.	2218	52	DENNIS FLUDD	LYNCHBURG VA	1:00:08
1:00:30					

-----  
MALE AGE GROUP: 55 - 59 (200)  
-----

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
=====	=====	=====	=====	=====	=====	
1.	2745	56	TOM WYATT	LYNCHBURG VA	30:10	
30:25						
2.	2033	57	DONNIE BARTON	LYNCHBURG VA	31:39	
31:47						
3.	2158	57	TED DOM	HOUSTON TX	36:05	
37:15						
4.	2692	56	CHUCK WALL	LYNCHBURG VA	37:27	
38:16						
5.	2183	57	RUSS EGELAND	OLNEY MD	38:20	
38:34						
6.	2230	55	FRANK GENCARELLI	LYNCHBURG VA	40:39	
40:46						
7.	2002	58	LEIF AAGAARD JR	AMHERST VA	40:19	
40:56						
8.	2042	55	BRAD BENNETT	BENA VA	40:17	
41:24						
9.	2308	56	DONN HULLINGS	LYNCHBURG VA	43:47	
43:48						
10.	2223	55	MICHAELA GABATHULER	LYNCHBURG VA	45:56	
46:58						
11.	2298	57	GARLAND HOARE	CONCORD VA	47:10	
47:36						
12.	2299	55	STEVE HODGE	WAYNESBORO VA	46:52	
47:40						
13.	2049	58	ALBERT BILLINGSLY	LYNCHBURG VA	49:31	
50:18						

-----  
MALE AGE GROUP: 60 - 64 (200)  
-----

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
=====	=====	=====	=====	=====	=====	
1.	2016	60	JOHN ATTHOWE	GLASGOW VA	32:07	
32:53						
2.	2696	60	TOM WALTON	POWHATAN VA	33:27	
33:56						
3.	2464	61	NORWOOD MORRISON	LYNCHBURG VA	36:36	
36:48						
4.	2501	62	DEE OSBORNE	STEVENSVILLE MD	37:42	
37:50						
5.	2747	62	NORM YEE	LYNCHBURG VA	38:54	
39:14						

09VA4miler

6.	2107	62	WARREN CLARK	SALEM VA	39:06
39:43					
7.	2367	62	JIM LEAVITT	BEDFORD VA	38:39
39:52					
8.	2123	62	MARK COWARD	LYNCHBURG VA	39:41
40:17					
9.	2242	63	WILLIAM GRAY	LYNCHBURG VA	40:01
40:18					
10.	2650	61	GENE STERNE SR	LYNCHBURG VA	39:36
40:53					
11.	2265	62	JOSEPH HARPER JR	YORKTOWN VA	40:38
41:27					
12.	2759	64	LARRY SCOTT	LYNCHBURG VA	41:47
42:44					
13.	2537	61	JOHN POOLE	LYNCHBURG VA	44:26
45:12					
14.	2512	63	ROGER PARSONS	KNOXVILLE TN	45:35
46:48					
15.	2449	64	THOMAS MILLER	ROANOKE VA	47:35
48:38					
16.	2641	64	DAVID A. SNYDER	AFTON VA	55:38
56:28					

-----  
 MALE AGE GROUP: 65 - 69 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
	1.	2802	67 WAYNE REYNOLDS	RUSTBURG VA	39:30	
39:55						
	2.	2585	68 JIM SAKOLOSKY	LYNCHBURG VA	41:08	
41:58						
	3.	2756	65 BILL SKINNER	FOREST VA	43:10	
43:50						

-----  
 MALE AGE GROUP: 70 - 79 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
	1.	2416	73 LEE MASSER	EDGEWATER MD	42:14	
43:13						
	2.	2276	70 RALPH HASH	LYNCHBURG VA	44:06	
45:07						
	3.	2358	71 JOHN KURISKY	FOREST VA	47:20	
48:03						
	4.	2131	70 JOSEPH CUTLER	BEDFORD VA	48:19	
49:19						
	5.	2180	73 MAURICE EARLES	GOODVIEW VA	51:15	
51:20						
	6.	2508	77 GARLAND PAGE	BEDFORD VA	51:30	
51:52						
	7.	2303	71 RICHARD HOLBROOK	LYNCHBURG VA	58:26	
59:46						
	8.	2224	72 VICTOR GALAN	LYNCHBURG VA	59:35	
59:59						

-----  
 MALE AGE GROUP: 80 - 99 (200)  
 -----

09VA4miler

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
---------------	-----	-----	------	------------	-----------	-----

MALE AGE GROUP: 80 - 99 (200)

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1. 49:20	2789	80	ROBERT FETHERSTON	LYNCHBURG VA	48:37	
2. 1:02:28	2311	87	ROBERT HUNTINGTON	LYNCHBURG VA	1:01:56	

2009 The Virginia 4-Miler  
Lynchburg, VA 09/26/2009 8:00am

TOP 3 OVERALL FEMALES

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1. 27:38	2599	16	LEIGHA SCHIMMOELLER	FOREST VA	27:33	
2. 27:48	2422	12	ABBY MAY	FOREST VA	27:46	
3. 30:00	2687	15	ELIZABETH VERNON	FOREST VA	29:36	

TOP 1 OVERALL MASTERS FEMALES

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1. 31:05	2567	43	LISA RICHARDSON	RED HOUSE VA	30:51	

2009 The Virginia 4-Miler  
Lynchburg, VA 09/26/2009 8:00am  
Age Group Results - Female

FEMALE AGE GROUP: 1 - 10 (200)

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1. 34:05	2140	10	LIBBY DAVIDSON	LYNCHBURG VA	33:37	
2.	2007	10	PAYTON ADAMS	AMHERST VA	35:31	

09VA4miler

36:10	3.	2522	10	LAUREN PEAKE	LYNCHBURG VA	37:12
37:40	4.	2332	10	GRACE JENNINGS	FOREST VA	36:52
37:52	5.	2769	10	ABBY MOON	APPOMATTOX VA	38:08
38:54	6.	2812	7	MADISON GALLAGHER	LYNCHBURG VA	38:01
39:09	7.	2442	10	HADLEY MEADOWS	LYNCHBURG VA	38:39
39:11	8.	2382	10	MAGGIE LINEBURG	AMHERST VA	39:08
40:14	9.	2530	9	MCKENNA PETTYJOHN	LYNCHBURG VA	40:07
40:39	10.	2084	10	DABNEY CAROLINE	LYNCHBURG VA	41:25
41:54	11.	2705	9	MAGGY WATTS	LYNCHBURG VA	40:49
42:08	12.	2549	10	HANNAH QUICK	LYNCHBURG VA	41:27
42:14	13.	2139	8	JETTE DAVIDSON	LYNCHBURG VA	42:57
43:26	14.	2062	7	CAROLINE BRANHAM	MADISON HEIGHTS VA	47:10
48:26	15.	2394	10	ALLISON MADDOX	FOREST VA	49:50
51:00	16.	2221	10	EMILY FOSTER	LYNCHBURG VA	50:04
51:23	17.	2619	8	CARSON SHEPHERD	FOREST VA	51:31
52:01	18.	2284	10	LAINIEY HEAD	LYNCHBURG VA	51:38
52:08						

-----  
 FEMALE AGE GROUP: 11 - 14 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME	=====	====	=====	=====	=====	
30:34	1.	2763	13	ABIGAIL BLACK	FOREST VA	29:57
30:36	2.	2149	11	KAMRYN DECARMO	LYNCHBURG VA	30:17
31:31	3.	2313	12	LEAH HURT	LYNCHBURG VA VA	31:06
31:47	4.	2550	14	ABBY QUIGG	LYNCHBURG VA	31:39
31:54	5.	2111	14	MCKENNA COALSON	LYNCHBURG VA	31:18
32:23	6.	2753	13	KATIE ZWETOLITZ	LYNCHBURG VA	32:20
32:30	7.	2626	11	ANNE LEWIS SIMMONS	LYNCHBURG VA	32:27
32:47	8.	2035	12	ELEANOR BASS	LYNCHBURG VA	32:21
32:55	9.	2312	14	ANNA HURT	LYNCHBURG VA VA	32:31
33:07	10.	2169	11	MAGGIE DOYLE	LYNCHBURG VA	32:34
33:08	11.	2783	11	HANNAH MURPHY	APPOMATTOX VA	32:55

## 09VA4miler

12.	2430	11	CLAIRE MCCLENNY	PAMPLIN VA	32:57
33:10					
13.	2421	12	JAMI MAULE	LYNCHBURG VA	35:06
35:13					
14.	2387	14	MARY LUNDEEN	LYNCHBURG VA	34:17
35:16					
15.	2775	13	OLIVA DAVIS	LYNCHBURG VA	36:00
36:19					
16.	2523	12	LILLIAN PEAKE	LYNCHBURG VA	36:51
37:19					
17.	2505	12	RACHEL PACKER	GOODE VA	37:15
37:37					
18.	2147	11	LEXIE DAVIS	LYNCHBURG VA	37:32
37:59					
19.	2603	14	MARIANNA SCHROTH	EVINGTON VA	37:58
38:08					
20.	2717	13	CASEY WEST	LYNCHBURG VA	38:10
38:29					
21.	2109	12	HOLLY CLAY	CONCORD VA	38:47
38:53					
22.	2500	12	JESSICA OSBORN	LYNCHBURG VA	38:50
38:57					
23.	2704	13	LIDDY WATTS	LYNCHBURG VA	39:01
40:19					
24.	2433	13	KYLEE MCCRAW	LYNCHBURG VA	41:25
42:24					
25.	2513	11	JESSICA PASCADLO	FOREST VA	42:00
42:49					
26.	2194	13	ELLE EVANS	FOREST VA	42:03
42:52					
27.	2287	11	NATALIE HENDRICKSON	FOREST VA	42:03
42:52					
28.	2323	12	BAYLEE JACOBS	FOREST VA	42:05
43:00					
29.	2377	12	LEIGHTON LEWIS	LYNCHBURG VA	44:37
44:45					
30.	2104	13	LINDSEY CLAIR	LYNCHBURG VA	44:41
44:49					
31.	2502	12	ANNA OUIMET	LYNCHBURG VA	43:40
44:56					
32.	2126	12	CASSIE CROPCO	FOREST VA	44:27
45:12					
33.	2296	13	HALEY HILLER	LYNCHBURG VA	44:50
45:21					
34.	2162	11	ANNA DOSS	FOREST VA	44:50
45:38					
35.	2110	12	LAURA CLAY	FOREST VA	44:47
45:48					
36.	2330	11	ANNA JENNINGS	FOREST VA	44:49
45:50					
37.	2709	14	ABIGAIL WEGERT	MONROE VA	44:57
45:54					
38.	2047	13	NATASHA BILLARD	LYNCHBURG VA	45:51
46:10					
39.	2136	12	CLAUDIA DARDEN	LYNCHBURG VA	51:23
52:20					
40.	2592	13	GABRYELLE SAMPSON	SPOUT SPRING VA	54:43
55:42					
41.	2470	12	TIANA MURRIETA	SPOUT SPRING VA	54:42
55:42					

---

 FEMALE AGE GROUP: 15 - 19 (200)

## 09VA4miler

Place TIME	Bib =====	Age ===	NAME =====	CITY/STATE =====	CHIP TIME =====	GUN
1.	2688	16	HANNAH VERNON	FOREST VA	30:56	
31:17						
2.	2486	18	LILY NOGUCHI	LYNCHBURG VA	31:24	
31:31						
3.	2539	15	COURTNEY POWELL	LYNCHBURG VA	31:34	
31:41						
4.	2186	15	NOOR EHTESHAM	LYNCHBURG VA	31:02	
31:46						
5.	2553	15	SHANNON RAINES	LYNCHBURG VA	31:05	
31:49						
6.	2090	15	ANNA CARTER	LYNCHBURG VA	31:35	
31:54						
7.	2138	15	HANNAH DAVIDSON	LYNCHBURG VA	31:33	
31:57						
8.	2339	19	AMANDA JOHNSTON	LYNCHBURG VA	31:32	
32:18						
9.	2757	15	EMMA MORTEMOUSGNE	LYNCHBURG VA	34:08	
34:32						
10.	2740	15	ALEXANDRA WRAY	LYNCHBURG VA	34:35	
35:02						
11.	2317	15	REBECCA IBARRA	LYNCHBURG VA	34:41	
35:18						
12.	2582	17	JULIA SAAVEDRA	LYNCHBURG VA	35:00	
35:56						
13.	2764	16	LINDSAY COLLINS	FOREST VA	35:22	
36:11						
14.	2056	19	HILARY BOWIE	LEAVENWORTH KS	35:42	
36:41						
15.	2682	19	JO TUDISCO-GUNTERT	SWEET BRIAR VA	36:53	
37:52						
16.	2448	18	LILA MILLER	LYNCHBURG VA	37:48	
37:56						
17.	2629	17	CASSIE SIPOS	LYNCHBURG VA	37:18	
38:09						
18.	2146	19	KATIE DAVIS	LYNCHBURG VA	36:56	
38:12						
19.	2503	15	LEAH OUIMET	LYNCHBURG VA	37:09	
38:25						
20.	2050	17	EMILY BLACK	FOREST VA	38:14	
38:50						
21.	2799	19	CARRIE GRABASKAS	LYNCHBURG VA	38:21	
38:51						
22.	2102	18	EUN SOO CHUNG	LYNCHBURG VA	38:51	
39:01						
23.	2121	15	REBECCA CORWIN	LYNCHBURG VA	39:19	
39:29						
24.	2176	19	JILL DZIEWISZ	LYNCHBURG VA	39:45	
40:02						
25.	2424	18	SARA MAYNARD	MONROE VA	39:42	
40:21						
26.	2545	17	HEATHER PRILLAMAN	LYNCHBURG VA	40:16	
40:26						
27.	2766	16	JORDAN BASIGER	FOREST VA	39:39	
40:29						
28.	2231	16	SARAH GENCARELLI	LYNCHBURG VA	40:38	
40:44						
29.	2266	17	MARGARET HARRINGTON	LYNCHBURG VA	40:27	
41:03						

09VA4miler

30.	2374	18	MARY GRACE LEMON	LYNCHBURG VA	40:55
41:33					
31.	2528	17	EMILY PETERS	LYNCHBURG VA	41:02
41:52					
32.	2488	19	ASHTON OGDEN	MADISON HEIGHTS VA	41:15
42:32					
33.	2080	19	HALEY CALL	LYNCHBURG VA	42:55
43:00					
34.	2034	19	HOPE BASINGER	ANCHORAGE AK	44:29
45:45					
35.	2197	16	HANNAH FAIDLEY	MADISON HEIGHTS VA	44:57
45:54					
36.	2576	19	CANDICIA RODRIGUEZ	LYNCHBURG VA	45:48
46:32					
37.	2040	18	IZZY BEGEJ	SWEET BRIAR VA	46:00
46:59					
38.	2195	16	KAITLIN EVANS	FOREST VA	49:55
50:44					
39.	2378	17	LINDSAY LEWIS	LYNCHBURG VA	58:24
59:25					
40.	2795	19	WHITNEY VINCENT	ASHBURN VA	
1:00:31					

-----  
 FEMALE AGE GROUP: 20 - 24 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
1.	2278	21	ASHLEY HAUGH	LYNCHBURG VA	30:30	
30:37						
2.	2774	24	ALANA MELCHERT	LYNCHBURG VA	30:40	
30:45						
3.	2359	21	BARBARA LAFLEUR	LYNCHBURG VA	31:49	
31:57						
4.	2624	21	KATELIN SHUGART-SCHMIDT	LOGAN UT	33:36	
33:54						
5.	2072	24	KIM BRYANT	LYNCHBURG VA	33:49	
33:55						
6.	2237	24	ASHLEY GLOVER	LYNCHBURG VA	34:35	
35:36						
7.	2235	20	JESSICA GIBBS	LYNCHBURG VA	36:28	
37:14						
8.	2534	20	ASHLEY PLAUGHER	WINCHESTER VA	36:53	
37:15						
9.	2261	22	RACHEL HAMMOND	DUNEDIN FL	36:07	
37:22						
10.	2005	22	CARLISLE ADAMS	SWEET BRIAR VA	37:08	
38:07						
11.	2398	21	MICHAELA MAGRIDA	LYNCHBURG VA	37:25	
38:09						
12.	2664	21	ALLE TAYLOR	SWEET BRIAR VA	37:12	
38:11						
13.	2574	20	JENN ROCCO	FOREST VA	37:14	
38:29						
14.	2798	20	BRITTANY OSTROM	LYNCHBURG VA	38:21	
38:51						
15.	2726	20	KERIDWEN WHITMORE	DURHAM NC	38:02	
38:54						
16.	2784	21	BREANNE NALIPA	LYNCHBURG VA	38:16	
39:24						
17.	2659	24	BRANDY TATE	LYNCHBURG VA	39:15	

## 09VA4miler

39:26					
18.	2731	23	SARA WILLIAMS	FOREST VA	39:03
39:37					
19.	2455	21	ALI MONCKEBERG	LYNCHBURG VA	39:46
40:02					
20.	2376	24	KRISTIE LEWIS	MADISON HEIGHTS VA	39:24
40:15					
21.	2730	22	KAYLA WILLIAMS	LYNCHBURG VA	39:11
40:24					
22.	2590	22	SAMANTHA SALERNO	LYNCHBURG VA	40:00
40:39					
23.	2710	21	AMELIA WEGERT	MONROE VA	39:42
40:41					
24.	2466	20	SAMANTHA MOSCHERA	LYNCHBURG VA	40:52
41:18					
25.	2467	22	JESSICA MOTSENBOCKER	LYNCHBURG VA	40:49
41:18					
26.	2385	24	AMBER LOCKARD	LYNCHBURG VA	40:40
41:32					
27.	2578	24	LAUREN ROTH	LYNCHBURG VA	40:42
41:32					
28.	2686	21	HANNAH VEAK	LYNCHBURG VA	40:44
41:34					
29.	2052	24	SHELLEY BLADES	LYNCHBURG VA	42:05
42:57					
30.	2309	24	NICOLE HUMPHREY	LYNCHBURG VA	42:35
43:18					
31.	2351	24	ALISSA KEITH	LYNCHBURG VA	42:36
43:20					
32.	2460	23	WHITNEY MOORE	CINCINNATI OH	43:10
43:43					
33.	2046	22	KATHERINE BEUERLE	LYNCHBURG VA	43:44
44:06					
34.	2181	23	REBECCA EATMON	LYNCHBURG VA	43:31
44:21					
35.	2203	21	GINNY FERGUSON	APPOMATTOX VA	44:09
44:55					
36.	2073	20	SAMANTHA BRYANT	LYNCHBURG VA	44:16
44:59					
37.	2325	23	RAECHELLE JACOBS	LYNCHBURG VA	44:04
45:15					
38.	2212	20	ANDREA FLAGG	LYNCHBURG VA	44:04
45:20					
39.	2727	23	MATTIE WHITMORE	DURHAM NC	45:18
46:11					
40.	2554	21	ELISE RAMEY	UNIONTOWN OH	45:17
46:33					
41.	2413	21	LINDSEY MARTIN	SOUTH BOSTON VA	47:26
48:12					
42.	2573	22	KELAN ROBEY	LYNCHBURG VA	47:17
49:36					
43.	2797	23	JESSIE POUNDS	LYNCHBURG VA	50:28
51:44					
44.	2159	20	SHANNON DOMINGUEZ	EVINGTON VA	52:32
53:17					
45.	2558	23	BONNIE RAMSEY	LYNCHBURG VA	53:55
54:21					
46.	2061	22	ASHLEE BRAMMER	WOOLWINE VA	55:42
56:50					
47.	2089	22	AMANDA CARTER	SANDY LEVEL VA	58:44
59:52					

## 09VA4miler

FEMALE AGE GROUP: 25 - 29 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2478	29	JENNIFER NELSON	FOREST VA	32:05	
2.	2234	27	MEGAN GEZEN	LYNCHBURG VA	33:17	
3.	2568	28	LAURIE RIDGEWAY	LYNCHBURG VA	34:15	
4.	2605	25	LEIGH SCHUSTER	HAMPTON VA	33:45	
5.	2112	28	AMANDA COCKE	GOODE VA	35:25	
6.	2134	25	LISA DAMERON	ROANOKE VA	36:18	
7.	2414	29	NIKKI MARTIN	LYNCHBURG VA	36:45	
8.	2251	26	RACHEL GUELZO	LYNCHBURG VA	36:14	
9.	2618	28	BRITTANY SHELTON	HURT VA	37:42	
10.	2196	27	STACEY EVANS	PINEY RIVER VA	39:15	
11.	2320	26	AMANDA IRVIN	MADISON HEIGHTS VA	39:25	
12.	2082	28	JENNIFER CANDLER	LYNCHBURG VA	39:38	
13.	2551	28	STEPHANIE RAGLAND	LYNCHBURG VA	39:16	
14.	2068	27	LAUREN BROWN	LYNCHBURG VA	39:41	
15.	2370	28	MEGAN LEE	LYNCHBURG VA	39:17	
16.	2616	29	RACHAEL SHAUGHNESSY	CHARLOTTE NC	39:41	
17.	2293	25	JESSICA HERSHEY	CHARLOTTESVILLE VA	40:06	
18.	2059	25	EMILY BOYES	LYNCHBURG VA	41:03	
19.	2703	26	AMANDA WATTS	MADISON HEIGHTS VA	40:58	
20.	2491	29	FRANKIE O'LEARY	FOREST VA	43:14	
21.	2189	29	JENNIFER ELDER	NATHALIE VA	42:55	
22.	2043	25	LAUREN BENNETT	FOREST VA	43:01	
23.	2263	29	KRISTEN HARBIN	APPOMATTOX VA	42:56	
24.	2353	26	ROSELLYN KIDD	FOREST VA	43:06	
25.	2177	27	LAURA EAGLE	LYNCHBURG VA	43:26	
26.	2639	27	TRICIA SMITH	LYNCHBURG VA	43:56	
27.	2210	27	LINDSAY FISHBURN	LYNCHBURG VA	45:23	
28.	2081	25	KRISTIN CAMPBELL	FOREST VA	46:18	
29.	2543	26	MARY BETH PRICE	LYNCHBURG VA	46:14	

09VA4miler

46:51					
30.	2671	27	ALEXIS THOMAS	EVINGTON VA	45:45
46:58					
31.	2645	25	SARA SPENCER	FOREST VA	47:22
48:17					
32.	2380	27	AMY LIBEAU	LYNCHBURG VA	48:26
49:23					
33.	2561	26	BRETT REDGATE	CHARLOTTESVILLE VA	54:04
54:48					
34.	2256	28	EMILY HALL	LYNCHBURG VA	58:09
58:53					
35.	2144	27	SHARON DAVIES	LYNCHBURG VA	59:51
1:01:04					
36.	2026	29	ANDRAYA BARGER	FOREST VA	1:01:56
1:02:28					

-----  
 FEMALE AGE GROUP: 30 - 34 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
1.	2744	31	TRACY WU	CONCORD VA	31:05	
31:12						
2.	2260	34	LAURA HAMILTON	LYNCHBURG VA	31:19	
31:39						
3.	2392	30	TIFFANY LYTTLE	LYNCHBURG VA	31:37	
31:49						
4.	2761	34	ANGELA OLMSTED	LYNCHBURG VA	33:04	
33:15						
5.	2004	30	ANDREA ADAMS	LYNCHBURG VA	33:59	
34:55						
6.	2790	34	JACKIE GORMAN	LYNCHBURG VA	36:48	
37:09						
7.	2647	33	MARYANNA STANDS	LYNCHBURG VA	36:41	
37:26						
8.	2755	30	MELISSA HODGES	LYNCHBURG VA	38:55	
39:12						
9.	2137	34	EMILY DAVIDSON	LYNCHBURG VA	38:55	
39:26						
10.	2018	30	DACY AYRES	LYNCHBURG VA	39:18	
39:30						
11.	2113	30	MICHELLE COFER	FOREST VA	39:21	
39:50						
12.	2608	30	BECKY SCOTT	LYNCHBURG VA	38:58	
40:02						
13.	2289	33	HEATHER HEPDING	FOREST VA	39:35	
40:13						
14.	2117	30	KIM CONDON	LYNCHBURG VA	39:21	
40:28						
15.	2729	31	JANNA WILKINSON	MADISON HEIGHTS VA	39:24	
40:28						
16.	2024	34	SARAH BARBER	LYNCHBURG VA	40:12	
40:48						
17.	2271	30	BETHANY HARRISON	LYNCHBURG VA	40:16	
40:48						
18.	2640	32	JESSICA SNEAD	BEDFORD VA	40:21	
41:32						
19.	2246	30	ANDREA GREENMUN	LYNCHBURG VA	41:13	
41:44						
20.	2412	31	JAMIE MARTIN	APPOMATTOX VA	41:16	
41:51						

09VA4miler

21.	2612	33	JANICE SEARWAR	LYNCHBURG VA	41:13
42:27					
22.	2792	33	JULIE ANDERSON	PORTLAND OR	41:27
42:41					
23.	2219	30	LEIGH FORRESTER	LYNCHBURG VA	42:41
43:12					
24.	2655	30	KYLIE STORM	FOREST VA	42:40
43:24					
25.	2245	32	DEANA GREENE	LYNCHBURG VA	42:29
43:28					
26.	2074	32	SELENA BRYANT	MONROE VA	43:13
43:33					
27.	2722	30	HEATHER WHITE	AMHERST VA	43:09
44:27					
28.	2531	31	HALEY PINDER	LYNCHBURG VA	44:28
44:38					
29.	2057	33	KERRY BOWLES	LYNCHBURG VA	44:04
44:52					
30.	2596	31	SARA SARGEANT	LYNCHBURG VA	44:13
44:56					
31.	2335	31	KELLI JOHNSON	LYNCHBURG VA	44:11
45:07					
32.	2634	30	BROOKE SMITH	CONCORD VA	45:31
45:39					
33.	2345	34	RACHEL JONES	MADISON HEIGHTS VA	45:10
45:44					
34.	2666	33	NISCHAL TAYLOR	LYNCHBURG VA	45:19
46:16					
35.	2383	30	JENNY LIPFORD	LYNCHBURG VA	45:32
46:33					
36.	2434	34	LIANE MCCREADY	LYNCHBURG VA	46:41
47:00					
37.	2737	30	LESLIE WOOD	AMHERST, VA	49:20
49:53					
38.	2348	31	CATHERINE KARNES	LYNCHBURG VA	49:52
49:59					
39.	2625	30	CARRIE SIDENER	LYNCHBURG VA	49:52
50:00					
40.	2280	33	BARBIE HAYES	SPOUT SPRING VA	50:09
50:52					
41.	2588	30	LESLIE SALAZAR	LYNCHBURG VA	52:13
53:08					
42.	2281	33	NANCY HAYES	LYNCHBURG VA	53:00
54:10					
43.	2632	32	LARA SLOUGH	LYNCHBURG VA	56:48
57:28					
44.	2613	32	LORI SEIPP	LYNCHBURG VA	56:58
57:35					
45.	2155	33	AMY DIGREGORIO	LYNCHBURG VA	58:24
59:25					

-----  
 FEMALE AGE GROUP: 35 - 39 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	820	37	ELIZABETH TARKINGTON	CHARLOTTESVILLE VA	31:10	
31:18						
2.	2471	36	LUCY MUTCH	LYNCHBURG VA	34:48	
35:03						
3.	2463	39	KATHY MORRIS	LYNCHBURG VA	35:32	

## 09VA4miler

35:54					
4.	2407	38	LEIGHANNE MARKHAM	BIG ISLAND VA	36:22
37:01					
5.	2021	38	JAN BAKER	MADISON HEIGHTS VA	36:18
37:02					
6.	2304	36	JENNIFER HOLLIS	FOREST VA	36:37
37:14					
7.	2732	37	TINA WILLIAMS	MADISON HEIGHTS VA	37:34
38:02					
8.	2693	38	NAJWA WALLSCHLAEGER	LYNCHBURG VA	37:31
38:15					
9.	2456	39	ANNE MONTGOMERY	LYNCHBURG VA	38:11
38:46					
10.	2770	38	HEATHER BOWEN	LYNCHBURG VA	38:44
39:13					
11.	2805	36	KELLY JENNINGS	BEDFORD VA	38:35
39:30					
12.	2100	39	SUSAN CHEATHAM	SPOUT SPRING VA	39:14
39:47					
13.	2208	36	FAITH FINNERTY	LYNCHBURG VA	39:23
40:02					
14.	2445	37	MICHELLE MERKA	MADISON HEIGHTS VA	39:17
40:19					
15.	2275	38	GINNA HARTSELL	LYNCHBURG VA	39:56
40:28					
16.	2482	35	HEATHER NEWMAN	LYNCHBURG VA	40:11
40:53					
17.	2453	39	RACHEL MITCHELL	FOREST VA	41:14
41:25					
18.	2672	36	LAURIE THOMAS	SANDY LEVEL VA	41:33
41:53					
19.	2707	39	CANDY WEBB	RICHMOND VA	41:58
42:12					
20.	2767	36	JACKIE MOON	APPOMATTOX VA	41:28
42:14					
21.	2240	38	JULIE GRAVELY	LYNCHBURG VA	41:37
42:47					
22.	2071	39	JENNIFER BRYANT	LYNCHBURG VA	42:11
42:53					
23.	2324	38	KIM JACOBS	FOREST VA	42:05
42:59					
24.	2404	39	AMY MAPES	MADISON HEIGHTS VA	42:08
43:03					
25.	2076	36	ANNE BURTON	LYNCHBURG VA	42:35
43:10					
26.	2163	38	JUDY DOSS	GRETNA VA	42:23
43:22					
27.	2397	36	KATHRYN MAGGI	LYNCHBURG VA	43:20
44:18					
28.	2440	36	ALLYSON MCSWAIN	LYNCHBURG VA	43:13
44:32					
29.	2236	35	DEBORAH GLEASON	LYNCHBURG VA	44:29
44:38					
30.	2135	39	DANA KOENI	FOREST VA	43:53
45:03					
31.	2164	38	MARY DOSS	FOREST VA	45:04
45:52					
32.	2262	37	KIM HANSEN	MONROE VA	44:47
45:55					
33.	2510	39	KIM PARR	AMHERST VA	45:28
46:00					
34.	2173	38	KRISTI DUBOIS	GOODE VA	46:03
46:32					

09VA4miler

35.	2053	36	SARA BOND	MADISON HEIGHTS VA	46:17
47:05					
36.	2808	39	KATHERINE JOHNSON	CONCORD VA	46:09
47:13					
37.	2776	38	MONIKA JOSHI	LYNCHBURG VA	46:19
47:22					
38.	2694	37	WENDY WALTER	SCOTTSVILLE VA	47:57
48:24					
39.	2719	37	TANYA WEST	MADISON HEIGHTS VA	49:05
49:44					
40.	2205	38	TRACEY FERRELL	FOREST VA	50:10
50:58					
41.	2222	38	SUSAN FOSTER	LYNCHBURG VA	50:04
51:23					
42.	2083	37	RHONDA CANTRELL	GLADYS VA	51:19
52:35					
43.	2690	36	MARTHA VESTERLUND	APPOMATTOX VA	53:27
53:48					
44.	2431	35	TEAL MCCLURE	LYNCHBURG VA	56:57
58:07					
45.	2484	39	KAREN NIXON	MADISON HEIGHTS VA	58:32
59:34					

-----  
 FEMALE AGE GROUP: 40 - 44 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
1.	2701	44	KATHLEEN WASHBURN	FOREST VA	31:09	
31:18						
2.	2202	44	ALYICA FERGUSON	LYNCHBURG VA	31:41	
32:02						
3.	2128	44	NICOLLE CUNDIFF	LYNCHBURG VA	32:46	
33:16						
4.	2375	43	DANIELLE LEWIS	LYNCHBURG VA	33:51	
34:25						
5.	2787	42	KELLY MORTEMOUSGNE	LYNCHBURG VA	34:08	
34:32						
6.	2300	42	DONNA HODGERT	LYNCHBURG VA	34:11	
34:41						
7.	2788	40	SANDY GANDY	FOREST VA	34:42	
35:20						
8.	2804	41	TRACI LIPSCOMB	RUSTBURG VA	36:27	
37:29						
9.	2681	41	NATALIE TROST	LYNCHBURG VA	37:12	
37:32						
10.	2362	40	SUSAN LARSON	LYNCHBURG VA	36:31	
37:36						
11.	2506	40	ROBIN PACKER	GOODE VA	37:14	
37:36						
12.	2559	43	KELLY RAPADAS	LYNCHBURG VA	37:20	
38:35						
13.	2706	44	MARTY WATTS	LYNCHBURG VA	39:00	
40:19						

-----  
 FEMALE AGE GROUP: 40 - 44 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	

09VA4miler

=====					
14.	2677	40	KIRSTEN TILLER	LYNCBURG VA	39:57
41:06					
15.	2175	44	ISABELLE DUSTON	LYNCHBURG VA	41:01
41:13					
16.	2302	44	LYSA HOLBROOK	LYNCHBURG VA	41:38
42:56					
17.	2436	44	MICHELLE MCKENNA	FOREST VA	42:13
43:23					
18.	2450	43	MELISSA MILLNER	FOREST VA	42:45
43:49					
19.	2087	41	REBECCA CARROLL	LYNCHBURG VA	44:04
44:15					
20.	2609	40	BETH SCOTT	LYNCHBURG VA	43:05
44:17					
21.	2088	43	STELLA CARSON	LYNCHBURG VA	43:29
44:28					
22.	2617	41	KIM SHELDON	LYNCHBURG VA	44:20
45:23					
23.	2662	41	AMY TAUNTON	LYNCHBURG VA	45:51
47:00					
24.	2514	41	VALERIE PASCADLO	FOREST VA	46:14
47:03					
25.	2489	41	KRISTIN OGDEN	MADISON HEIGHTS VA	47:08
48:25					
26.	2200	41	KRISTINA FALWELL	LYNCHBURG VA	47:50
48:58					
27.	2669	44	DEBORAH THIEM	MIDLOTHIAN VA	48:48
49:35					
28.	2678	41	LISA TOMLIN	MADISON HEIGHTS VA	49:27
49:44					
29.	2581	42	CAROL RUGGIO	LYNCHBURG VA	49:08
50:14					
30.	2495	41	LARA OLICHNEY	LYNCHBURG VA	49:51
50:39					
31.	2396	40	TABITHA MADDOX	FOREST VA	49:49
51:01					
32.	2314	42	PENNY HUTCHINSON	LYNCHBURG VA	50:03
51:01					
33.	2473	42	RITA NAPPER	AMHERST VA	50:38
51:17					
34.	2220	40	CARMELITA FOSTER	AMHERST VA	51:16
52:30					
35.	2586	41	EVA SALAZAR	LYNCHBURG VA	52:26
53:20					
36.	2685	42	KIM VANDEBOGART	LYNCHBURG VA	52:26
53:33					
37.	2075	40	FELISSA BURFORD	FOREST VA	52:57
54:08					
38.	2060	41	SANDRA BRAGG	LYNCHBURG VA	57:28
58:05					

-----  
 FEMALE AGE GROUP: 45 - 49 (200)  
 -----

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
TIME						
=====	=====	=====	=====	=====	=====	
1.	2623	48	CAROLINE SHUGART	LOGAN UT	33:36	
33:53						
2.	246	46	DONNA ELDER	FOREST VA	34:35	
35:13						

## 09VA4miler

36:14	3.	2723	46	TRACEY WHITE	LYNCHBURG VA	35:40
36:16	4.	2458	45	REBECCA MONTGOMERY	LYNCHBURG VA	36:04
36:51	5.	2182	45	DEIRDRE EDWARDS	LYNCHBURG VA	36:16
37:21	6.	2575	49	LESLIE ROCCO	FOREST VA	36:07
37:32	7.	2733	46	PAMELA WILLOUGHBY	LYNCHBURG VA	37:09
38:29	8.	2572	45	MARIA ROBERTS	LYNCHBURG VA	37:55
38:59	9.	2490	49	TERRY O'KANE	LYNCHBURG VA	37:51
40:03	10.	2417	45	ALICIA MATHERLY	HURT VA	39:42
40:55	11.	2168	46	JULIE DOYLE	LYNCHBURG VA	40:23
41:11	12.	2594	45	ELLEN SARANTOS	LYNCHBURG VA	40:54
41:18	13.	2630	46	LYSA SLAY	LYNCHBURG VA	40:34
42:13	14.	2389	46	KAREN LUPTON	LYNCHBURG VA	41:56
42:33	15.	2020	45	LAURA BAILEY	LYNCHBURG VA	41:31
43:24	16.	2368	45	TRENDA LEAVITT	BEDFORD VA	42:15
43:26	17.	2142	45	SARAH DAVIDSON	LYNCHBURG VA	42:57
45:11	18.	2643	49	FREDA SPENCER	FOREST VA	43:56
46:10	19.	2564	45	KAREN REUTTER	GRETNA VA	45:37
46:14	20.	2423	49	SUSAN MAY	MADISON HEIGHTS VA	45:24
46:47	21.	2476	45	KIM NECZYPORUK	LYNCHBURG VA	45:40
47:29	22.	2627	46	LAURA SIMPKINS	CONCORD VA	46:34
48:36	23.	2597	45	SHERRY SAUNDERS	FOREST VA	48:20
49:18	24.	2418	46	LYN MATHEWS	LYNCHBURG VA	48:32
49:49	25.	2459	47	BEVERLY MOORE	EVINGTON VA	49:29
49:57	26.	2044	47	TAMMY BERRY	COVINGTON VA	49:30
51:35	27.	2411	46	DEBRA MARTIN	APPOMATTOX VA	50:38
52:10	28.	2252	46	CASSIE HAGAN	LYNCHBURG VA	50:52
52:45	29.	2642	45	ROXANNE SNYDER	MADISON HEIGHTS VA	52:02
53:05	30.	2148	49	JOAN DEAL	FOREST VA	52:37
53:09	31.	2355	46	SHANNON KNIGHT	MADISON HEIGHTS VA	52:40
54:25	32.	2294	48	SUSAN HESS	FOREST VA	53:08
57:43	33.	2566	48	KAY RICE	LYNCHBURG VA	56:52
	34.	2532	47	SONDRA PINN	LYNCHBURG VA	59:12

09VA4miler

1:00:26  
 35. 2637 47 KAREN SMITH CONCORD VA 1:00:03  
 1:00:37

-----  
 FEMALE AGE GROUP: 50 - 54 (200)  
 -----

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2243	51	LYNN GREEN	LYNCHBURG VA	34:37	
35:12						
2.	2014	53	SUSAN ANDERSON	FOREST VA	34:46	
35:15						
3.	2446	50	COLLEEN MILLER	LYNCHBURG VA	35:15	
35:36						
4.	2015	54	SANDY ANDREW	SALEM VA	36:53	
37:26						
5.	2615	52	LAURA SHANNON	FOREST VA	37:45	
38:19						
6.	2721	54	SUE WHITACRE	LYNCHBURG VA	38:21	
38:53						
7.	2474	51	DONNA NASH	LYNCHBURG VA	38:34	
39:06						
8.	2290	52	AMY HEPNER	LYNCHBURG VA	38:36	
39:12						
9.	2133	50	JANET DALTON	FOREST VA	39:07	
40:18						
10.	2132	50	MARY JANE DAILEY	FOREST VA	41:09	
42:04						
11.	2673	51	NOEL THOMAS	LYNCHBURG VA	41:20	
42:05						
12.	2674	52	SANDRA THOMAS	CHARLOTTESVILLE VA	41:59	
42:58						
13.	2239	51	DEANNA GRABASKAS	LYNCHBURG VA	42:33	
43:14						
14.	2725	53	KATHARINE WHITMORE	DURHAM NC	45:19	
46:11						
15.	2479	52	KATHLEEN NELSON	FOREST VA	45:48	
46:47						
16.	2166	53	ELIZABETH DOUCETTE	LYNCHBURG VA	46:16	
47:04						
17.	2718	50	MICHELE WEST	MADISON HEIGHTS VA	47:00	
47:33						
18.	2557	50	TERRIE RAMSDELL	LYNCHBURG VA	49:20	
50:16						
19.	2288	51	GLORIA HENRY	MADISON HEIGHTS VA	49:41	
50:40						
20.	2153	51	BARBARA DEWITT	LYNCHBURG VA	54:37	
54:55						
21.	2334	52	DANA JOHNSON	EVINGTON VA	56:25	
57:03						
22.	2652	51	CYNTHIA STEWART	LYNCHBURG VA	59:43	
1:00:23						

-----  
 FEMALE AGE GROUP: 55 - 59 (200)  
 -----

Place TIME	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
=====	=====	=====	=====	=====	=====	=====
=====						

09VA4miler

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2579	55	FRANCY RUBIN	LYNCHBURG VA	36:22	
2.	2051	57	NANCY BLACKWELL	LYNCHBURG VA	40:28	
3.	2555	55	MARY SUE RAMEY	FOREST VA	40:28	
4.	2103	55	JEANETTE CICCARELLO	AMHERST VA	41:56	
5.	2695	59	DIANE WALTON	POWHATAN VA	42:48	
6.	2708	56	CINDY WEBB	LYNCHBURG VA	42:57	
7.	2739	59	DIANN WOOLRIDGE	MADISON HEIGHTS VA	55:23	
8.	2297	57	CATHY HOARE	CONCORD VA	55:46	
9.	2420	59	BARBARA MATYSEK	AFTON VA	55:37	
10.	2738	59	SUE WOOD	GOODE VA	1:00:49	
11.	2124	56	CINDY CRANCE	LEXINGTON VA	1:00:51	

FEMALE AGE GROUP: 60 - 64 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2344	61	PRISCILLLA JONES	LYNCHBURG VA	39:41	
2.	2741	62	PHOEBE WRIGHT	FOREST VA	39:57	
3.	2119	60	GAIL COPELAN	LYNCHBURG VA	41:03	
4.	2019	62	EILEEN BACKOFEN	MONETA VA	41:43	
5.	2096	61	MARCIA CATALANO	LYNCHBURG VA	48:07	
6.	2395	61	MARY MADDOX	LYNCHBURG VA	52:23	
7.	2610	61	BETTY SCOTT	LYNCHBURG VA	56:49	
8.	2226	62	GEORGIA GALLAHER	ROANOKE VA	57:49	
9.	2697	61	HEIDI WARD	BROOKNEAL VA	1:00:53	

FEMALE AGE GROUP: 65 - 69 (\*\* NONE \*\*)

FEMALE AGE GROUP: 70 - 79 (\*\* NONE \*\*)

FEMALE AGE GROUP: 80 - 99 (200)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
-------	-----	-----	------	------------	-----------	-----

09VA4miler

=====  
 1. 2045 96 BROWN BETSY AMHERST VA 40:53  
 41:54

2009 The Virginia 4-Miler  
 Lynchburg, VA 09/26/2009 8:00am  
 Athenas & Clydesdale Competition

ATHENAS (Top 3)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2235	20	JESSICA GIBBS	LYNCHBURG VA	36:28	
2.	2618	28	BRITTANY SHELTON	HURT VA	37:42	
3.	2559	43	KELLY RAPADAS	LYNCHBURG VA	37:20	

CLYDESDALES (Top 3)

Place	Bib	Age	NAME	CITY/STATE	CHIP TIME	GUN
1.	2305	21	PETER HOPPE	LYNCHBURG VA	33:02	
2.	2751	50	GEORGE ZIPPEL	LYNCHBURG VA	33:12	
3.	2696	60	TOM WALTON	POWHATAN VA	33:27	